

Which Fitness Program is Coming to Gold's Gym?

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EXTRA EXTRA!



The Latin inspired fitness program is coming to Gold's Gym. They are hosting a free, 6-week, outdoor Zumba series at CityScape. Come out and join us every Thursday from 5:30-6:30 p.m. starting March 1st to April 5th. This fresh, fun and addictive new work out has swept the U.S. and leaving people wanting more.

After this exhilarating work out, stick around Downtown Phoenix and take advantage of happy hour deals of tenants located at CityScape. Enjoy 10% off all drinks and food at the Tilted Kilt, free beer shots at Copper Blues and free Rhys Darby tickets from Stand Up Live. Don't miss this wonderful opportunity to try a new workout and