

Grieving Children Find Camp La Paz a Safe Place to Begin Healing

Written by Christina Tetreault
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A flyer for Camp Paz. At the top left is the logo for 'Stepping Stones of Hope' with a small figure of a person stepping on stones. To the right is the 'Camp Paz' logo in a green, bubbly font. Below the logos is the title 'What do you say to a child grieving the loss of loved one?' in bold. Underneath is a paragraph explaining that children grieve differently than adults and that the camp helps them share their experience. It describes the camp as an overnight camp for grieving children ages 6-17 and their families. The flyer lists the following details: What: Camp Paz for Kids and Camp Paz for Grown-Ups; When: May 2-3, 2015; Location: Whispering Hope Ranch, Payson, AZ; Cost: \$50.00 per camper. It also includes a note about no outside food or drinks, a registration link at www.steppingstonesofhope.org, and a phone number (602) 264-7520. At the bottom, it thanks Capital Group and K-2 Adventures for their support and provides an email address: info@steppingstonesofhope.org. On the right side of the flyer, there are several small circular photos showing children and families at the camp, including one with a large animal, possibly a horse or cow.

Stepping Stones of Hope **Camp Paz**

What do you say to a child grieving the loss of loved one?

This is one of the questions asked when a loved one dies. Children grieve differently than adults and their grief process is sometimes misunderstood. Often children learn best from other children who share their experience.

Stepping Stones of Hope brings children and their families together to do just that... share their experience. **CAMP PAZ** is an overnight camp reaching out to grieving children, ages 6-17, and their families to provide a neutral and safe environment where friendships are created and healing can take place. At **CAMP PAZ**, children learn they are not alone and realize their feelings are normal.

What: Camp Paz for Kids and Camp Paz for Grown-Ups
When: May 2-3, 2015
Location: Whispering Hope Ranch, Payson, AZ
Cost: \$50.00 per camper

No outside food or drinks, just activities and safe, home items. Transportation is not provided. Partial scholarships are available upon request.

Register for CAMP PAZ on line at
www.steppingstonesofhope.org
or call Stepping Stones of Hope at
(602) 264-7520

Thanks to Capital Group and K-2 Adventures for their support of this camp.
Email: info@steppingstonesofhope.org
Stepping Stones of Hope is a 501(c)(3) non-profit organization (PAZ-1316863).

Camp Paz, hosted by Arizona-based nonprofit Stepping Stones of Hope, is planned for the weekend of May 2nd & 3rd, 2015 at Whispering Hope Ranch in the beautiful, relaxing pines of Payson. The weekend-long overnight camp helps grieving children ages 6 to 17 and their families by providing a neutral, safe environment where friendships are created and profound healing can begin.

Camp Paz for Kids (*Paz* means *Peace* in Spanish) was created in 1999 to give children whose lives have been disrupted by the death of a loved one and who may be struggling with their feelings, a chance to be around other kids who understand and share a similar experience.

While at camp, children are divided into age groups and take part in a variety of activities, including music, animal interactions, humor and art. Themes of the weekend include trust, vulnerability, interpersonal relationships, guilt, anger, family dynamics, memories, hopes and dreams.

Stepping Stone of Hope is dedicated to providing comprehensive support-based programs, continuing care and education to grieving children, families, adults and communities.

For more information, please email Diane Raden at dianer@steppingstonesofhope.org or call 602-264-7520. You may also register online at www.steppingstonesofhope.org.