

Free Classes at The School of Ballet Arizona

Written by Editorial

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The School of Ballet Arizona's is offering free Adult Drop-In Ballet classes from Nov. 5 to Nov. 8.

Open to teens age 14 and up and adults of all ages, this program is a great way to experience dance training, stay in shape, and have fun. Three levels of ballet classes are offered: Beginner, Intermediate and Advanced.

Dress for comfort—ballet slippers (tights and leotards recommended).

For a full weekly schedule, go to www.balletaz.org.

Thursdays 9 -10:30 a.m. *Advanced Ballet*; 7-8:30 p.m. *Horton Technique*; 7-8:30 p.m. *Beginner Ballet*; 7:15-8:15 p.m. *Ballroom*

Fridays 9 -10:30 a.m. *Advanced Ballet*; 6:30-8 p.m. *Intermediate Ballet*

Saturdays 9-10:30 a.m. *Advanced Ballet*; 10:30-11:30 a.m. *Beginner/Intermediate Pointe Class*; 11:30 a.m.-1 p.m. *Beginner Ballet*; 1:30-3 p.m. *Intermediate Ballet*; 11-12:30 p.m. *Modern*

Sundays 9:30-11 a.m. *Beginner/Intermediate Ballet*