Valley Fitness Pro Releases Book

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Phoenix fitness professional, Jeremy Scott of Jeremy Scott Fitness, has released a book this summer: "Make Success Mandatory: Discovering Your Gift & Giving It Back To The World."

In this easy-to-follow guide, Scott helps you search inside yourself for your true passion, your true calling, your true gift so you can give it back to the world. This book is about making a better life not just for yourself, but also for everyone around you, because that's what real success is. Scott helps you go far beyond just making success mandatory, he helps you put and keep your life in perspective. This book is about living life on your own terms and writing your own success story. Leaving fear, anger, and regret in the past, all while finding absolute success and happiness along the way.

The book is currently available on amazon.com.