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EXTRA EXTRA!

Have you ever wondered what it would be like to participate in a 11.22-kilometer race or a 5K race in the middle of the hot Arizona summer? This year, you can have your chance at Westworld of Scottsdale with the "Beat the Heat" run on Saturday, June 22. The race will take place the day after Summer Solstice and the Saturday before the hottest day ever recorded in Phoenix. The gun will go off at 2:47 p.m., the time of day when the temperature of the Phoenix metropolitan area skyrocketed to 122 degrees on June 26, 1990.

This type of run is not for the faint of heart; Dave Goggins, world record holder for most pull-ups (4,025 in 17 hours) was the first to sign up for the daunting race. Joining him will be Tillman Run co-founder and ultra-athlete Perry Edinger.

Up for the challenge? Visit www.scottsdalebeattheheat.com for more information on the inaugural race, including packages and prizes.