

Daily Buzz- What Do Models Eat?

Written by Claire Perkins
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We know what Phoenix models are eating!

Saks Fifth Ave's Saks Sizzles event this weekend was crawling with glorious models and Face of Foothills entrants- what a success!

But the best part of the entire day was the restaurant (and entree) recommendation from a model. Apparently it's Sam Fox and Dr. Andrew Weil's all-natural and organic True Food Kitchen that keeps one particular model looking so perfectly svelte. She said "I always feel full when I leave, but not too full to stop at Mojo for frozen yogurt next door!"

She mentioned that she eats there all the time, and recommended the Spaghetti Squash Casserole. Sounded weird. But we trusted her and tried it- it tasted AMAZING, exactly like a bubbling plate of cheesy pasta! Best of all, Dr. Andrew Weil's Web site says the dish is about 275 calories a serving.

Like we needed another reason to LOVE models.

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