

October is here, which of course means, pumpkin everything!

We have all seen how pumpkin has influenced and transformed our taste buds from Pumpkin Spice Lattes at Starbucks, to pumpkin cupcakes at Sprinkles and even fun family outings such as attending <u>pumpkin patches around the Valley</u>. But, there are some—low-calorie— pumpkin-infused products that can transport pumpkin from the kitchen all the way to your makeup cabinet. Pumpkin has amazing and wonderful properties due to it comprising vitamin A and vitamin C which is known to prevent signs of aging, improve acne and help in the overall repair process of your skin.

Pumpkin has a way of warming our hearts in the fall season, but here is a roundup of some of the pumpkin beauty products that have spectacular benefits for your skin to brighten and repair from the harsh summer months behind us.



Peter Thomas Roth Pumpkin Enzyme Mask

This mask works in three ways—exfoliate, peel and polish. The pumpkin enzyme in this mask is a natural enzyme that gets rid of dead surface skin cells, leaving your skin looking radiant, younger-looking and rejuvenated.

\$58, Peter Thomas Roth



Rhonda Allison Pumpkin Cleanser

Change your daily facial cleanser for the fall with this pumpkin facial cleanser from Rhonda Allison that helps with hydrating dry and damaged skin from the summer.

\$34, Rhonda Allison



Peter Lamas Exfoliating Pumpkin Facial Scrub

Exfoliate your skin with this Pumpkin Facial Scrub from Peter Lamas that rids away dead skin cells while leaving your skin looking bright and refreshed.

\$28, Peter Lamas



Eminence Pumpkin Latte Hydration Masque

A pumpkin latte face mask that helps with diminishing the appearance of fine lines and wrinkles for a youthful appearance.

\$52, Eminence Organic Skin Care



Too Cool for School Pumpkin 24K Gold Mask

This sheet mask acts as a second skin in relieving dry and flaky skin while adding radiance and supporting the natural dewiness and elasticity.

\$8, Too Cool For School



Too Cool for School Pumpkin Sleeping Pack

Repair your dry skin and rejuvenate dull appearance all in your dreams with this overnight Pumpkin Sleeping Pack mask.

\$20, Too Cool For School



Pumpkin Enzyme Peel by Lotus Moon

This Pumpkin Enzyme Peel works by exfoliating your skin to prevent breakouts by unclogging pores and reducing the appearance of fine lines and wrinkles all with the loving smell of pumpkin pie radiating through the air.

\$49, Lotus Moon



Burt's Bees Pumpkin Spice Lip Balm

A small—but worthy—commitment to the pumpkin-spiced craze that comes with autumn is this 100 percent-natural pumpkin spice flavor lip balm from Burt's Bees. Creamy pumpkin and a hint of spice coupled with shea butter and vitamin E to moisturize and hydrate your lips this season.

\$3.29, <u>Burt's Bees</u>



Lush Handy Gurugu Hand Lotion

An all-natural hand cream made with peanut, cashew, almond and—of, course—pumpkin seed butters to moisturize the driest, dullest hands that may be a result from the cold months ahead of us.

\$21.95, Lush Cosmetics



The Body Shop Vanilla Pumpkin Body Butter

Time to ditch the summer floral scents and trade them in for the Vanilla Pumpkin Body Butter from The Body Shop that is a perfect blend of fall scents but also gives you perfect all-day moisture for the colder seasons.

\$10 to \$15, The Body Shop