

Springtime Beauty Survival 101

Written by Joanna Brathwaite

Monday, 03 March 2014 11:19 - Last Updated Monday, 10 March 2014 12:50

Springtime—the birds are singing, the flowers blooming, bees buzzing, and allergies flaring. In such a dry climate, women can have a tough time keeping their dry skin moisturized and their oily skin from blinding others. Melissa Lenberg, owner of Citrine Beauty Bar in Phoenix, shared her tips and tricks to maintain a glowing and flawless face during the spring.



Tip #1

K.O. Dry Heat



It's only February and the weather is just short of 90 degrees! However, it is still very possible to achieve a flawless face in dry heat. I definitely recommend adding oil into your day and night routine. At night REN "Rose Moisture Defense Oil" is great for reversing even the most dehydrated of faces. In the day, Tata Harper's "Replenishing Nutrient Complex" is the perfect last step before you apply your makeup, aside from hydration, it also provides environmental protection which you need in harsh climates like Arizona. As far as makeup, spring is when you can begin to move into a glowing and dewy look. Try a coconut cream-based foundation like RMS "Un-coverup" or "Kjaer Weis Foundation."

Tip #2

Bright Lip Colors



Well, finding your "it" colors for spring can be tough. A lot of women will not venture too far outside their comfort zone. The hottest color for the pout this season has been vibrant orange. It's been on every model spotted from LA to Milan. If you're a risk taker, try *jane iredale puremoist lipstick* in "Liz" (\$25), for a more muted but trending color, *Ilia lip conditioner* in "Shell Shock" (\$24) is a hydrating beautiful orange-based pink.

Tip #3

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5 Must-Have Makeup-Bag Products



1. jane iredale "Pommist" mineral spray (\$27), the perfect miniature pick-me-up, good for refreshing makeup or tired skin throughout the day.
 2. A rockin' "going-out" lip in case of a change in plans for the night. For lighter skin tones, try "Karma Chameleon" a vibrant coral by Ilia (\$24) for medium to darker skin tones try Ilia's dark beauty "Femme Fatale" (\$24).
 3. Emergency concealer. Yes, for those monthly zits that seem to happen at horribly important times. RMS "uncover up" will be adequate coverage while healing your acne with coconut oils antibacterial properties. It's great as an under-eye refresher as well.
 4. Toothbrush/Floss. I won't go into detail with you but I can't even counts on both hands how many people floss their teeth with their own hair... don't let it happen to you!
 5. Hand lotion. Even if you don't get very dry, that cute guy in your office may have dry hands and you have just the fix! Try "IF" small lotion by Apothia LA (\$14) for the perfect unisex scent.
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Tip #4

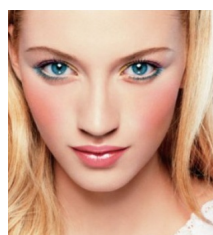
Have Allergies, Fear Not



Allergies will start to flare up and for those harsh and dark under-eye circles, I always use Tata Harper "Restorative Eye Cream." (\$90) The arnica will calm irritated and puffy eyes while the potent eye-bright flower will illuminate the eye area. This product is also great for around the mouth or as a wrinkle spot-treatment.

Tip #5

Try a New Trend This Spring



DEWY FLUSHED CHEEKS



Lip/Cheek - Smile
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This spring will feature a lot of bright lips paired with dewy, flawless faces. The illuminated, bare face is something we see every spring and as the lighting gets harsher from the sun—natural makeup is much more forgiving. Aside from the bright orange lip, we will see a lot of pinks and corals. Corals work wonders for a lip and cheek like *RMS lip to cheek* in “*Smile*.”