

## Extensive Research- Valley Hair Extension Secrets

Written by Written by Claire Perkins, Ava Koziak, Sarah Love, Tori Cawley and Loren Jamilll

Thursday, 25 June 2009 14:15 - Last Updated Friday, 26 June 2009 11:45

Lets admit it. We are all a little envious of stars like Jessica Simpson who easily transform from sporting adorable, sophisticated bobs on Friday to rocking gorgeous, long and flowy locks on Saturday. Now you can have fashionable hairstyle quick-draws at an affordable price (and keep your hair healthy too!) with extensions done right here in the Valley.



We asked Valley extension guru and hairstylist Loren Jamilll for her opinion on some famous starlet hair transformations. We want to know- is their hair real? And more importantly, can she give us the same 'do?

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### Paris Hilton

**Before:**



**After:**



Loren Jamilll says:

In the second picture of Paris, you can clearly see she has long hair extensions in. You can tell in the before picture that her natural hair is very fine and thin- in order for her hair to have the fullness and length she shows in picture two, she would absolutely need hair extensions. It takes hair about 1/2 an inch per month or six inches per year to grow, so it would take years and years to grow to that length, and it would never be that full.

If you wanted to acheive this look using hair extensions, depending on the amount and length of your own hair, I would use 20-inch hair and about 150-300 individual strands to replicate the look. The process will take between two and four hours. In my opinion, Paris looks great with the short hair- it compliments her face shape and she looks very mature.

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### Lauren Conrad

**Before:**

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**After:**



Loren Jamilll says:

Yes, LC does have extensions- they look very natural. The color is matched perfectly and it's textured into a pretty, relaxed beach wave. This is a great example of how hair extensions should look! They are not too long and she does not have too many. She looks stunning and stands out way more with long waves than she did with a short, blunt cut. Her short hair makes her look very young. You can tell in the first picture she has no extensions because it is very thin, she has no shape or style to her hair.

To acheive this look i would use 16-18 inch hair with a slight wave. I'd only use a half-head of hair (about 50-100 strands) which would take one to two hours.

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**Nicole Richie**

**Before:**



**After:**

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Loren Jamilll says:

Nicole Riche is a great example of hair extensions in short hair- she has them in her bangs in the first photo! Her face shape is really good because it compliments long and short styles. In the first picture, they compliment her haircut- without the added fullness in the front, she wouldn't be able to achieve such a glamorous look. In the second picture her long hair looks fun and girly. It is a good length for her- it still looks like it could be natural.

To achieve the short look would really depend on the hair I am working with. For the longer look, I would use individual strands for a full head- it would be about 150 to 200 pieces of 18-inch hair. I would blend different colors of blonde to give a good definition and color contrast. This type would take between two and three hours.

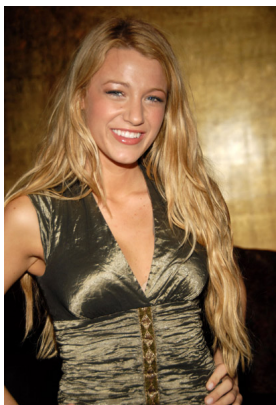
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### Blake Lively

**Before:**



**After:**



Loren Jamilll says:

In the first picture, Blake has no extensions and is in between lengths, making for a very natural look. Her hair looks fine and thin, however. She

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has no body or volume and the color washes her out. She's really not making any statement. In the second picture she obviously has them in, judging by the unnatural length and fullness. She makes a much bigger statement in the second picture and the color brightens her face and makes her look younger.

Hair extensions are great for adding volume and life to the hair, but I'm not sure about Blake's. What I would do differently is make it a couple inches shorter and add a few darker blonde strands. I would also cut the number of pieces down so she would have a more natural, but still stunning, look. To achieve this I would use 18-20 inch hair with a wavy texture, 150 individual strands, and layered the cut. This look would take two to four hours.

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### Lindsay Lohan

#### Before:



#### After:



Loren Jamilll says:

In the first picture the color completely washes her skin out. The cut does not compliment her face shape and looks too thin and fine. In the second picture she looks a lot more mature and sophisticated. The color matches her skin tone perfectly and her extensions have many different variations in color which adds a lot of depth to the overall look. The length and volume look great. This look can only be acheived with extensions because of her hair type.

I would use 18-20 inch hair in different color variations. Her extensions are a straight texture and she created this look with a curling iron. This would take between three and four hours using a full 300 pieces.

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Well, that's that. All of Hollywood fakes it! Loren Jamilll makes it easy for you to get a similar look in only a few hours!

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Some facts about Loren Jamilll's Extensions:

- \* Loren's hair extensions are 100% European human hair, which can be reused. It needs to be lifted every three months and can last up to 6 months.
- \* Loren's extensions are attached by small copper beads and lie completely flat to the scalp. There is no heat, glue, or damage caused by either.
- \* Loren's hair comes in lengths from 14 inches to 22 inches.
- \* You can still wash, color, blow-dry, and style your hair as usual, while maintaining the integrity of your hair and helping it grow longer.
- \* In your free consultation, with the help of Loren, you will choose the perfect color, texture, and length for your lifestyle or event. Price depends on the length and amount of hair used.

Aside from her extension skills, Loren Jamilll is also a Goldwell color specialist. She uses TIGI and Purology products, and makes it her goal to maintain the integrity of the hair, refer you to the best products and make sure you are 100% satisfied with your hair. She's well known for her blowouts and styling and for her ability to create a look that is unique and manageable. She says, " I always consider skin tone, eye color, facial features, hair texture, and lifestyle to create the desired look. I take extra time to listen to my clients' likes and dislikes to make sure they are pleased with their experiences." As an added bonus, Loren can do your hair in the comfort of your own home, whether it's a simple style before an event or a whole new head of hair.

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