

## Tips for Caring for Curly Hair

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**If blondes have more fun than brunettes, curly hair girls must have the most fun with their flirty tendrils just in time from spring and summer. But what happens when frizz and dryness stands in the way of healthy curls?**

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Meet Larraine Massey, Founder of Devachan Salon and best-selling author of "Curly Girl!" as she dishes on her best tips for styling curls and beating the frizz factor during the hot, hot heat.

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### Use a natural, sulfate-free shampoo

"Most shampoos contain SLS known as sulfates, harsh detergents that are frequently found in dishwashing liquid and laundry detergent," Massey says. "Sulfates strip hair of its natural oils, which can be disastrous for curly hair because it leads to frizz and dryness." She suggests DevaCurl No Poo Cleanser, "the best-selling zero lathering cleanser stimulates hydrates and cleans the scalp and hair to reveal the healthiest, bounciest frizz free curls."

### Moisturize! Moisturize!

When it comes to conditioners, "avoid conditioners with silicones and parabens," Massey warns. "Many curly girls prefer to leave in residues of conditioner in their hair rather than wash it out. It gives weight and longer lasting definition while hydrating it as the hair dries."

### Use your fingers as a brush

Massey says "a hairbrush strips hairs' cuticles of its natural moisture and leaves locks frizz and frayed, try running your finger through your hair instead."

### Use a gel that doesn't feel sticky

For styling, the worst mistake you can make is buying the wrong gel. "Test the hair gels by rubbing a small amount on your palm," Massey says. "If it makes your hand sticky, it will do the same for your curls." She recommends cream-based styling gels or the brand new DevaCurl Spray Gel, alcohol-free, non-flaking spray gel.

### Skip washing for a weekend

If there's one equation curly hair girls will always remember, it's that humidity + curls = frizz frizz frizz. "Skip the shampoo for three days," Massey says. "Your scalp naturally adjusts its oil production to compensate within the first week."