

Relaxation Destinations for the Holidays

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Wednesday, 22 December 2010 09:15 - Last Updated Wednesday, 22 December 2010 09:40

The holiday season can be a time of stress when trying to get everything accomplished. Here are four places in the Valley sure to relax your mind and body while providing an enjoyable experience, including picks from Tatum Luoma of Scottsdale Convention & Visitor's Bureau.



Village Health Clubs and Spas

Prepare for the ultimate getaway without traveling too far from home. This oasis offers guests a welcoming, pleasurable environment to be their home away from home. Comprised of four main facilities, Camelback Village Racquet and Health Club, DC Ranch Village Health Club and Spa, Gainey Village Health Club and Spa and Verrado Village Sport and Health Club, guests have the opportunity to rejuvenate, relax and strengthen their bodies and minds through fitness programs, full-service day spas, hair salons, shopping and more. While adults can enjoy casino night, wine tastings and jazz-by-the-pool events, children can have a personal experience of their own through summer holiday camps and special birthday and holiday parties through the Village Kids' Club. www.villageclubs.com.



Desert Botanical Garden

Enjoy the Valley's beautiful outdoors at the 33rd annual Las Noches de Los Luminarias. Walk the paths and watch as more than 8,000 handlit luminaria bags bring the garden to life. You can enjoy a full buffet while relaxing to the sounds of 11 different performing acts, including The Dickens Carolers. Complete your evening with a stop to the Garden Shop or sponsoring a luminaria bag in honor of a loved one. www.dbg.org.



Willow Stream Spa at the Fairmont Scottsdale Princess

"Find your energy" at this exclusive, Grand Canyon-inspired spa. Designed around nature's primary elements—air, water, earth, wood and fire—this unique spa combines these essentials with innovative treatments to inspire and revitalize guests along a self-directed path. Amenities include a Canyon oasis, a rooftop swimming pool and private cabanas, MVP rooms for men and breath-taking views of the McDowell Mountains. Stop in this holiday season to enjoy the December Spa La La La Specials, unique holiday experiences and holiday spa packages. www.fairmont.com/scottsdale.



Joya Spa at InterContinental Montelucia Resort

Experience a customized spa experience designed to fulfill your deepest wishes and enhance everyday life. Boasting the state's only authentic Hamman, a lavish bathing ritual, this facility combines state-of-the-art accoutrements with a magical atmosphere to produce an unforgettable experience. Covering more than 31,000 square feet, Joya offers 19 treatment rooms, a luxurious lounge, a private rooftop pool terrace, a fitness center and signature products and treatments infused with the rare Queen of the Night flower essence. www.joyaspa.com.