

Alvea Spa at Encanterra

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While many associate the relaxing nature of a spa visit with vacations to far off destinations, at the San Tan Valley community of Encanterra, residents are finding that alignment of mind, body and spirit can be found within the community's gates.



Since its opening earlier this spring, Encanterra's La Casa private club has thrilled and awed guests with the sheer volume of amenities the expansive property offers. From world-class golf to exceptional dining to the glamorous architecture from club designer Bing Hu, La Casa has become a home base that most don't want to leave. Further aiding the desire to extend one's relaxation time is La Casa's Alvea Spa.

The intention of the spa is apparent when guests first walk through Alvea's double-door entrance. Calming mosaic tiles, relaxing hues and sensational Moroccan-inspired architecture inform guests that a rejuvenating experience awaits. "The atmosphere at Alvea helps to create a place where guests can spend the day, almost like a vacation for them yet still in their neighborhood," says Melanie Carter, Spa and Fitness Director at Encanterra.

The treatments offered at Alvea convey a common goal: to provide the ultimate luxury—time for oneself. From body wraps in Aloe and Lavender to Hot Rock Therapy or Aromatherapy, Alvea's treatments are best enjoyed in 60 to 90 minute increments. Believe me, you'll want to prolong the experience. The spa menu has been carefully crafted and implemented at other Trilogy properties in the Southwest, so satisfied clientele have attested to its benefits time and time again.

"The way the Alvea Spas are set up includes having a naturopath that works at both of the Trilogy communities here in Arizona," Carter says. "The spa is set up to really help anybody feel good on a daily basis. There are so many ways these specific treatments can be beneficial to people. They cater to the whole mind, body and spirit."

In addition to massages and body wraps, Alvea's facial treatment menu rivals that of a five-star resort. Serving to moisturize and rehydrate the skin, treatments like the Gentleman's Facial and Anti-Aging Hydration have quickly become favorites among Encanterra Members.



Alvea extends its full service arm with esthetician services and an entire nail salon (pictured above) for luxurious manicures and pedicures. "Something that has been really popular are spa parties for birthdays or anniversaries," Carter says. "We recently had a mother who had her five daughters coming into town. They wanted to have a spa day, so they enjoyed cheese, wine and fruit throughout their treatments then met up in the manicure/pedicure room to spend time together while getting their nails done."

From a few hours of relaxation by yourself to a full day of treatments in the company of friends, Alvea Spa provides a worlds-away ambiance here in the Valley of the Sun. For a limited time, services are available to the public. Over time, it is likely that this gem of a spa will become the exclusive retreat of Encanterra Members.

To learn more about Alvea Spa – including how you can reserve your own relaxing treatment – please visit www.AlveaSpa.com. To learn more about Encanterra, a Trilogy Country Club in the South East Valley visit www.encanterra.com. Each of the 12 model homes at Encanterra are Shea Green Certified™ and are available with solar generation systems and a host of energy efficiency features. Encanterra offers discerning buyers stunning luxury at a refreshing price point, with homes starting in the mid \$100s.