

## Unique Mother's Day Gifts

Written by Rachel Roland

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Rachel Roland is a mom on a mission - exploring beautiful Arizona (and beyond!) with her two little companions, Jeremiah and Sarah, in search of the best restaurants, attractions, and products for you and your children. See what she has in store for your family today!



It's never too early to start planning for Mother's Day gifts - and I have a couple of great, unique, and interesting suggestions for you! Mother's Day falls on Sunday, May 13th this year, and, as a mom, I want you to start planning for that special mom in your life!

First, I have a bit of an unusual gift in that it is designed to help reduce wrinkles and fine lines around your eyes and mouth. A word of caution, though - don't buy this if you're not 100% sure that it will be received positively, as it could cause a little bit of conflict. However, Moms out there - don't be afraid to ask for this. This amazing kit contains a natural alternative to more invasive methods to help get rid of wrinkles. The "[Frownies Beautiful Eye Bag](#)" contains facial patches that help train the muscles in your face to relax - and let me tell you, it's a great product! The Beautiful Eye Bag also contains Rose Water Hydrator (a great refreshing spray to help with the patches as well as give you a little pick-me-up in the middle of a hot day! The Frownies Beautiful Eye Bag also comes with Immune Shield - a form of vitamin E to protect your skin from environmental hazards and the harm that the sun can cause.



My favorite part of the kit, though? The Eye Gel Patches. These beauties are cool and create an incredible hydrated feeling in the areas around your eyes. I love that it essentially 'forces' busy moms to take thirty minutes and relax while the patches do their work. You can purchase the Frownies Beautiful Eye Bag for \$84 [on their website](#), or you can also find a [local store](#) that carries Frownies products.



Another excellent and unique gift is the "[Soothing Spray](#)" by [Sheevaun Moran](#). This spray is created to help soothe stress, help release anxiety, and clear negative energy. You can spray it on your pillow to help you relax and sleep more soundly at night (and we could all use that, right?) I have started carrying this around and using it when I feel stressed out with the kids or with any other situation - this blend of organic oils and water can help you refocus your energy and bring you back to a calm and relaxed state of mind. You can purchase the Soothing Spray online for \$22 at [Sheevaun's website, here](#).

Remember, it's never too early to start planning for Mother's Day! Keep an eye on this column for upcoming ideas for other great gifts for the special Mom in your life.



I'm Rachel - a mom, wife, and 'green' blogger at [Small Steps On Our Journey](#). If you want me to come visit your place of business, have any

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questions on this article or suggestions for a future article, you can email me at [rachel@smallstepsonourjourney.com](mailto:rachel@smallstepsonourjourney.com) or tweet me at [@rachelroland](https://twitter.com/rachelroland).