

Summer Spa: Revive Spa JW Marriott Phoenix Desert Ridge

Written by Amanda Rumore

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With summer in full bloom, it's the perfect time to escape the heat with some R&R at the spa. Luckily for us Valley residents, we are surrounded by amazing resort spas all offering a little piece of heaven. Recently, we headed to [Revive Spa at JW Marriott Phoenix Desert Ridge](#) for a day filled with inspirational luxury.



The Spa: With 28,000 square feet and 41 elegantly appointed treatment rooms, Revive Spa truly has something for everyone. Best known for spa experiences that incorporate beautiful, serene settings and indigenous ingredients, their signature treatments blend ancient rituals with modern, cutting-edge techniques that work together to renew the whole person - body, mind and soul. Settle in to relaxation rooms, featuring cozy fireplaces and private patios for reflection and rejuvenation, or enjoy the sauna and steam room. When you're ready, you can venture out to the palm-lined sanctuary pool, Spa Bistro and Revive Salon. Daily resort guest access is \$35 per day (or waived with the purchase of a 50-min treatment) and includes unlimited use of:

- Body and beauty amenities in the women's locker room
- Exercise classes
- Newly renovated fitness center and movement studio

Our Summer Spa Pick: *Turquoise Blue Sage Body Ritual*



If you are looking for a beautiful treatment that will invigorate you physically and mentally, this healing ritual based on ancient wisdom of the Native American people will be a memorable choice. During our spa experience, we quickly learned that the energies of the sacred turquoise gemstones offer a deeply relaxing experience for body and soul. Our attentive spa therapist began with a mineral-rich Turquoise Sage Desert Salt Body Polish to cleanse and awaken the skin, followed by a cocoon wrap with a Turquoise Sage Desert Clay Body Mask enriched with a subtle blend of essential oils and the energy of turquoise. The ritual continued with a balancing and re-hydrating full-body massage using Turquoise Sage Massage Oil. Finally, we experienced an energy ritual using desert sage to cleanse the aura and turquoise gemstones to strengthen and balance the body and spirit.



After the treatment, we had a full [day at the spa](#). We lounged in the sauna and steam room without a care in the world - we even read a magazine in the ultra-comfy relaxation room. When we felt as calm and collected as possible, we retreated to the outdoor lap pool, which is surrounded by palm trees and an incredible desert landscape. (Although we live nearby, somehow this great ambiance is lost in our day to day tasks.) As we lay in awe of the beauty, our wonderful server brought us a healthy yet scrumptious lunch and filled our vino to our liking. Our only challenge of the day was when to leave (and if we had to!)

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More About JW Marriott Phoenix Desert Ridge: In addition to Revive Spa, this resort hotel features Four Diamond service, five sparkling pools, a lazy river and waterslide. It is also the home of Wildfire Golf Club, featuring the a Palmer Signature Course and Faldo Championship Course. JW Marriott also boasts two fitness centers and a kids activity center. Guests can expect to satisfy every craving with a choice of six restaurants and bars onsite, from casual poolside fare to innovative American and Southwester cuisines. All of the resort guest rooms offer lovely views through oversized windows, plush bedding, plush robes and luxury amenities. Some rooms offer private walk-out balconies with striking mountain, pool or golf course views.

For more information and to book your spa visit, visit

<https://www.marriott.com/spas/phxdr-jw-marriott-phoenix-desert-ridge-resort-and-spa/revive-spa/5014652/home-page.mi>.