

Mom's Moment: At Home with Erin Ziering

Written by Nadine Bubeck
Thursday, 07 July 2016 15:42 -



I was virtually starstruck when I found out Erin Ziering had started a blog. This is because my happiest memory growing up happened every Wednesday night- my mom, sisters and I would huddle on the couch and indulge in *Beverly Hills 90210*. Even though I was too young to understand the drama, it became my most favorite show in the world. And it still is.

So to me, and many of my fellow 30-something *90210*-loving moms, getting a digital invite into the home life of Steve Sanders is downright intriguing. (Ok, I'll refrain from referring to him as Steve. Ian. His name is Ian.) ...And to my millennial readers who weren't blessed with regular showings of *90210*, I'm referring to the star of *Sharknado*.

Ian's beautiful wife Erin recently launched [At Home with the Zierings](#), a blog centered around her family's love of life. Erin is devout in posting regular content, welcoming readers into the Ziering household, sharing personal stories, photos, recipes and more. What surprised me most, though, was her down-to-earth persona. I wrote Erin a Facebook message asking if she would answer a few interview questions for me. Truth be told- I never thought she'd reply. However, Erin got right back to me, warmly and willingly.

It was apparently fate that brought Ian and Erin together. Erin grew up on a Christmas Tree Farm in Ohio, never, admittedly, watching *90210*. Travel nursing brought her to SoCal, as she spent her early career as a RN working ICU and Cardiac Care. On Labor Day 2009, Erin and a few friends ventured to a hotel pool party. Ian had his eyes on Erin, approached her, and that was it. As cliché as it sounds, the two hit it off. Erin's Cinderella story had officially begun.

"I was a hardworking nurse who enjoyed hiking with my dog. Suddenly, I was swept up by my Prince Charming and taken to amazing red carpet events. Blow-outs and make-up were completely new to me. Ian has made transitioning into the 'Hollywood world' very easy," Erin told me.

Lucky girl.

Ian and Erin have two adorable girls, Mia and Penna. The happy homemaker is a natural born mother, savoring midnight cuddles and making memories. Her professional background speaks for itself- she's always loved nurturing people. Transitioning into motherhood came easy. To Erin, being a stay at home mom is a dream come true.

But Erin still faces the same issues we all do- and her blog shares insight on how she's figuring out motherhood. Like time management, for example. That's what she says has been the biggest adjustment. Oh, and lack of sleep. Yes, we can all relate.

Since I'm all about baby stuff, I asked Erin what current item she can't live without, and her answer was fashionably fitting: really good shoes, preferably the Pediped Adventure line.

And as for her can't live without mom item... a calendar. Since launching the blog, Erin says life has gotten super crazy. Her schedule has become booked with phone calls, meetings and every day mom duties- it's a lot to juggle. Plus, she has to consider Ian's filming obligations. Therefore, a calendar is essential, and scheduling family time is priority. (BTW- Ian's favorite family activity is creating ultimate pillow forts out of their sectional sofa.)

I also like Erin's [recipe element](#) on her blog. She doesn't flaunt the impossible- everything she posts seems rather easy, especially to my not-so-kitchen-savvy self. Her go to meal: a Rotisserie Chicken via their showtime roaster, accompanied with mushroom risotto and a green salad.

Other elements on her blog include a [Kids Corner](#), offering moms easy and fun craft and activity ideas to do with your children. There's also a [Daddy Blog](#) section, consisting of posts written by Ian. And here's a Ziering factoid- Ian and Erin are beekeepers and organic gardeners. They even compost!

My last question to Erin was what she hoped to instill in her children. Her answer only further portrays the authentic kind-hearted person she truly is: a passion for giving back to their community.

However, the fan inside me was still curious about one thing: if she'd ever indulge in *90210*. According to Erin, she plans on waiting until her girls are older to binge-watch every single season.

Follow Erin:

[At Home with the Zierings](#)

[Facebook](#)

Mom's Moment: At Home with Erin Ziering

Written by Nadine Bubeck

Thursday, 07 July 2016 15:42 -

[Instagram](#)

Nadine Bubeck is Arizona Foothills Magazine's Mom's Moment columnist, as well as a TV personality, [author](#), [blogger](#), [fashion designer](#) and blessed boy mama.