

## Mom's Birthday Wishlist

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Rachel Roland is a mom on a mission - exploring the Valley with her two little companions in search of the best restaurants, attractions, and products for you and your children. See what she has in store for your family today!



Guess what?!? Today is my birthday! As the years pass, I'm less bothered by the fact that I'm getting older, even with Jeremiah's very loud "31 is a HIGH number, Mommy!" this morning. I thought it might be fun to check out what Arizona has to offer in terms of fabulous, luxurious birthday gifts for even the most picky Mom!

You just cannot celebrate a birthday without cake, right? Pictured above is a custom [Tammie Coe](#) cake. I'm fairly certain you've heard of Tammie Coe - she's become a valley institution with her beautiful and delicious pastries. She was also recently named one of *Arizona Foothills Magazine's* "Women Who Move the Valley." I can bake the basics - cookies, bread, cakes, but nothing that's ever come out of my kitchen looks ANYTHING like what she creates.



Sometimes, after a particularly exhausting day, I just want to run away to the spa and spend the day in quiet solitude being pampered. I can guarantee any mom would be thrilled with a spa day at the [Joya Spa](#) at the InterContinental Montelucia Resort. They have 100 minute "Restorative Sleep Massage," that sounds (pardon the pun) dreamy. What mom couldn't use more restful sleep? Then there's the Amira Jewel Facial, a 110 minute Moroccan inspired treatment with anti-aging properties. Even though I don't mind getting older, I *do* mind those little wrinkles starting to appear around my eyes!



Last, but certainly not least, there's always jewelry! [Molina Fine Jewelers](#) is the place to find beautiful, luxurious, and one of a kind pieces that will surely take her breath away. My heart might have stopped a little at this lovely bangle - who wouldn't want to have this on their wrist? They have rings, necklaces, and earrings as well, if bracelets aren't your thing.

I'll be honest, though. These things are lovely - and I could really use a spa day - but I'm pretty sure I'm not getting any of these. I'm blessed with a healthy family, sweet friends, and really have everything I could ever want. It is fun to wish though!

***What's on your birthday wish list?***



I'm Rachel - a mom, wife, and 'green' blogger at [Small Steps On Our Journey](#). If you want me to come visit your place of business, have any questions on this article or suggestions for a future article, you can email me at [rachel@smallstepsonourjourney.com](mailto:rachel@smallstepsonourjourney.com) or tweet me at [@rachelroland](#).