

Breakfast at the Morning Glory Café

Written by Rachel Roland

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Rachel Roland is exploring the Valley with her two little companions in search of the best restaurants, attractions, and products for you and your children. See what she has in store for you today!



In our family, breakfast is definitely our favorite meal of the day. We love trying new places for breakfast and finding new favorites in unexpected places.

One of our go-to spots for a great, local, and organic breakfast is [The Morning Glory Café](#). It's located at the [Farm at South Mountain](#), which is all the way down on 32nd Street, just after Southern Avenue. Not only is this a beautiful spot for a restaurant (or three, they also have a lunch place – [The Farm Kitchen](#) as well as a lovely fine dining spot, [Quiessence](#)), but the Farm is also a working farm! [Maya's Farm](#) is located here and provides a lot of fresh, organic produce for not only the Morning Glory Café but restaurants around the valley!



One aspect I love is that all the seating is outside. In the winter there are heaters in case you're cold, but you really feel like you're in the middle of a farm – not 10 minutes from downtown Phoenix. When ordering, keep in mind that there is not a kids menu, so usually I order a couple of sides for my two. Jeremiah and Sarah love the potatoes and the bacon. I also usually end up sharing whatever I'm eating, as well, which is fine – the portions here are more than plentiful!



One of the 'must haves' (in our family) is the Farm Monte Cristo (\$11.95). It's a French toast sandwich made with eggs, ham, cheese and, of course, syrup. This is a decadent and delicious meal, and again, the portion is perfect for sharing!



Another aspect of The Morning Glory Café that makes it so appealing for dining there with children is there is a lot of room to explore and run around. There are large grassy areas shaded with pecan trees, and then, there's the farm. It's a fun place to learn about what vegetables grow during what time of year here in Arizona.

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This is also a great place to bring visitors - when you live in the Phoenix area; it's almost a give-in that you'll have many visitors during the winter months. If you're looking for a new place for breakfast, check out The Morning Glory Café!

The Café is located at:

6106 S. 32nd Street
Phoenix, Arizona 85042

Hours are:

Tuesday - Friday 8am-11am

Saturday & Sunday 8am-1pm

My recommendations:

If you're an early riser, go early! The later (and warmer) the day gets, the longer you'll wait. I've waited probably a half hour at the most, but if you don't like waiting, I'd get there closer to 8am.

The Farm is also dog friendly! So if you have dogs and they're well behaved, bring them! (Just be sure to keep them out of the vegetables growing!)

I also love coming here with other moms during the week for a playdate. Moms get to chat and have some delicious food, and then the kids can run around and get some energy out.



I'm Rachel - a mom, wife, and 'green' blogger ([Small Steps On Our Journey](#)). If you have any suggestions for future articles or any questions on this one, please contact me at rachel@smallstepsonourjourney.com or tweet me @rachelroland!