

The Ritz-Carlton Spa, Dove Mountain

Written by Arizona Foothills Magazine

Sunday, 25 October 2009 08:57 -

Balancing casual elegance with Eco-holistic spa experiences, The Ritz-Carlton Spa®, Dove Mountain embodies the authentic outdoor lifestyle of the high Sonoran Desert.



The 17,000 square-foot spa, embraces time honored traditions of the enchanting Tortolita Mountains by combining balancing elements and healing sacred stone therapies that inspire a celebration of the spirit within.

Guests can indulge in luxury amenities and legendary Ritz-Carlton service on tranquil grounds that look up toward the same rugged peaks that inspired the ancient Hohokam tribe. Stones along the hillside served as the Hohokams' "canvas," evidenced by the petroglyphs inscribed sometime between 300 B.C. and 1500 A.D. – and still easily visible from the spa today.

"The entire resort is centered on an overall spirit of adventure, including the spa, with its distinctive treatments and therapies, leaving each guest with a sense of connectedness and awareness" said Samantha Malone-Telesford, spa director.

The Ritz-Carlton Dove Mountain spa's offerings include 14 treatment rooms, two esthetic rooms, a hydrotherapy room, one Vichy shower and two oversized suites, ideal for couples and friends. Massages, facials and body treatments are available, as are skin prescriptions, touch therapy, body remedy and water cures. At night, two built-in fire pits illuminate an outdoor terrace, ideal for partaking in the resort's signature Desert Moon Massage and star gazing.

For opening month, The Ritz-Carlton Spa is offering a special "spa escape" package starting at \$389 USD per night. Consider this a mini-retreat a diversion from the world outside. The package includes:

- Deluxe Guest Room Accommodations
- Overnight valet parking
- Choice of two 25-minute Mini Retreats (Renew Massage, Refresh Facial, Invigorate Body Scrub, Refine Foot Treatment or Revitalize Hair & Scalp Massage)



The package is subject to availability and cannot be combined with any other offer. Advance reservations are required; rates do not apply to groups. Rates listed are per room, per night, single or double occupancy, and exclusive of taxes, gratuities and other charges unless otherwise noted.

Natural elements and sacred stones will be integrated into customized spa treatments. Guests will receive a personalized blend of 100 percent organic aromatherapy oils to enhance the effectiveness of each treatment.

The use of aromatherapy oils for healing and enhancing well-being – a 10,000 year-old tradition – seems particularly well-suited to this historic desert location. On staff will be a master aromatherapist, ready to blend special oils and or customize treatments, using indigenous ingredients.

Also available are a full-service salon with two hair stations and three manicure stations and four pedicure chairs with views of the mountainside, as is a comprehensive fitness center. A co-ed relaxation lounge joins the two sides of the spa.

The spa's boutique features a selection of luxury merchandise, appropriate to the desert environment, including spa apparel, candles, skin care and Sonoran mind and body wellness products.

The unique destination spa is part of The Ritz-Carlton, Dove Mountain, the largest and most comprehensive Ritz-Carlton project in the continental United States. Guests will enjoy the finest cuisine, prepared by world-class chefs, along with The Ritz-Carlton's unparalleled sophistication and personalized service throughout its 850 acres.

The resort has 250 guest rooms and an adjacent cluster of secluded, multi-bedroom casitas – ideally suited for families and friends. Also featured are 27 holes of championship golf, designed by the legendary Jack Nicklaus and home to elite competition at the Accenture Match Play Championship each spring.

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For more information on The Ritz-Carlton Spa, Dove Mountain, visit www.ritzcarlton.com/en/Properties/DoveMountain/Spa.