

First Fitness Facility Opens at Biltmore Fashion Park

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Amenzone Fitness--which already has locations in North Scottsdale, South Scottsdale and Fountain Hills as well as in California--announces the grand opening of its newest fitness facility on Saturday, Oct. 12 in Phoenix located in the Biltmore Fashion Park. The 2,200-sq.-ft. facility will be the first fitness center ever to operate in the Biltmore Fashion Park.

A grand opening event is slated with a complimentary action-packed morning of classes showcasing the primal workouts, boxing, personal training, and the Amenzone philosophy of true self-care. There will be a DJ and fitness-oriented vendors.

Doors open at 9:30 a.m. Attendees will be able to join in on the featured 30-minute long workouts that will begin at 10:30 a.m. and go until 11:30 a.m. The class schedule:

Primal Class 10:30 a.m. - 11:00 a.m.

Boxing Class 11:00 a.m. - 11:30 a.m.