

## Just Dance!

Written by Courtney Childress  
Friday, 04 January 2013 17:22 -

---



Extra Extra!

Ready to burn some calories? Kirti Dance is having workshops this month for adults, teens, and youth. At Kirti Dance they teach Bollywood dance classes that help you with flexibility, coordination, and help build self-confidence. Early bird specials for the workshops are still available until January 20th.

For more info check out [www.kritidance.com](http://www.kritidance.com)