

Arizona's Dynamic Basketball Changes Pressures of Youth Sports

Written by Christina Tetreault

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Who doesn't want their child to succeed? With the pressures and the abundance of youth sports today, we always hear how youth sports has gone crazy!

AFM recently chatted with two coaches who want to change the stereotype! Wendy Woudenberg and Dante Hunter established Dynamic Basketball that brings a healthy perspective to the game through trainings, clinics and camps. These two coaches have worked hard on creating a positive, but competitive culture that encourages youth players to work hard and achieve their goals on and off the court.

Even though your child loves sports, but won't listen to their parent when they encourage them to practice, maybe these coaches can change your stubborn players mind?

AFM: What is the mission of Dynamic Basketball?

Wendy: We want to keep it simple - *Teach boys & girls life's fundamentals on and off the basketball court.*

Dante: I look back and realize how much basketball taught me about life. The way I do things today, I can attribute to the game. There are so many things that kids are exposed to today, but how are they managing it all? With Dynamic we want to keep it simple, so that the fundamentals in the game and life are practiced and continually worked on.

AFM: Why would a parent be interested in having their kid work with you?

Dante: Besides having knowledge and playing experience, I realize that each child is different. I pride myself on trying to connect with each player, and understand what makes them work, so that I can bring out the best.

Wendy: I know that growing up, I did not always listen to my parents, but anything my coach said I was all ears. Dante and I take our coaching seriously. We know that we can play an important role in player's life. We keep them accountable and help players set goals, so that they have a perspective of what they want and how they can achieve it.

AFM: Why is it important for kids to set goals?

Wendy: Youth today are faced with so many different ideas and situations. It's important for them to know that they can do what they want by working hard and being consistent.

Dante: And we know not everyone is going to go professional, basketball gave me a great opportunity for an education and the ability to travel and play professionally. So why not give kids a perspective and teach them goals, so that they can achieve and accomplish what they want!

Wendy: To add on, there is a lot of peer pressure today. It's important to learn to set big and small goals, for players to achieve. This way they have confidence to continue to work and grow, because they are achieving their goals along the way.

AFM: What else does Dynamic Basketball have to offer?

Dante: Competitive and consistent basketball training (available daily), weekly clinics, and camps on all major holiday and school breaks.

Wendy: Besides working on basketball skills, we work on speed and agility too. More importantly though, we want to continue to establish Dynamic Basketball as a place where youth come to work on their game, but have accountability on and off the court to succeed and reach their goals.

AFM: Sounds like I should sign myself up, but what ages do you work with?

Dante: Boys and Girls- 3rd-12th grade.

Wendy: We work with all skill levels abilities too.

AFM: One last question, who would win between you too?

Dante: That's not even a question!

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Wendy: That's debatable, depends if the game was 1:1 or just shooting....

For more information:

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