## 10 Picture Taking Tips

Written by Nadine Bubeck
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{youtube}v0AR7exIHs8{/youtube}

I admit: I am picture obsessed. I am that mom who snaps pics of my kids every day 50 times a day. I just can't help it...I want to document every single thing. I can only assume I'm not the only crazy picture-taking mom, so I thought it would be fun to highlight picture taking tips for parents.

My friend Marisa Grabowy runs Marisa Belle Photography out of Scottsdale, specializing in families and weddings. As a mom, she knows getting that money shot can be a challenge, so she shared some insight on shooting that perfect picture.

Watch the All Things Mama TV video (above) for more details. In short, here are her tips:

- 1. Find exposed even shade. If you can't go outside, face your baby toward a window and try not to block the light with your body.
- 2. Always focus on the eyes. In addition, focus more on the subject than the backdrop to ensure best light.
- 3. For props, use what you have around the house. You can dress up a laundry basket with a white blanket, or prop your kids on pretty pillows. When it comes to attire, opt for solid colors rather than busy patterns.



- 4. Turn off your flash.
- 5. For toddlers: pick a spot that the toddler will find interesting. Utilize photogenic toys in the space to keep them busy. (For example, take pics of your toddler going down a playground slide.) Try to avoid using food as a bribe.
- 6. For babies: use their favorite toy to get their attention. Make sure they've eaten and burped to avoid fussiness and ensure smiles.
- 7. Take milestone photos, especially during baby's first year. (Pictures at 3 months, 6 months, 9 months, and 12 months.) Show what the baby is good at during that time; for example: 3 months: tummy time; 6 months: sitting up; 9 months: standing with support; and 12 months: standing unassisted/walking.
- 8. Keep your finger on the trigger...don't stop shooting. Sometimes the candid pics turn out the best.
- 9. Be patient! It takes time to get that great shot (especially of a toddler).
- 10. For selfies, stand facing a window, put baby close to your face, hold your phone high, and turn the camera around so your baby/toddler can see themselves.

For more fun videos, visit: All Things Mama TV

For more information on Marisa, visit: Marisa Belle Photography

Xo~Nadine

## **About Nadine**

Nadine Bubeck is a mom, wife, TV personality, host, author, blogger, keynote speaker, and PR professional. She has been an anchor/reporter at TV stations in San Diego, California, and Phoenix, Arizona. She contributes to numerous motherhood-based publications and is often featured as a parenting expert on television, among other media outlets. Nadine can often be found at mommy-and-me classes, playgrounds, and kid-friendly restaurants. She lives in Scottsdale, Arizona with her husband and sons, Nicholas and Zachary. She's a blessed boy mom and queen of the house. For more: <a href="https://www.allthingsmama.tv">www.allthingsmama.tv</a>

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