

FlowRider at The Westin Kierland: A Summer Must

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Saturday, 18 May 2013 21:06 - Last Updated Sunday, 19 May 2013 12:47

Experiencing the Kierland FlowRider was probably the single coolest thing I've done with my kids lately. Not only did they have a good time, but I had a blast too!



Kierland FlowRider at [The Westin Kierland](#)

{vimeo}55185374{/vimeo}

I have to admit, once I got to the top of the FlowRider and looked down, my heart started beating a little faster. However, the instructors were wonderful and did a great job with direction and encouragement. So once I went for it, I wanted to go again and again, and so did my kids! Whether you are riding belly down on a bodyboard or choose to stand on a skateboard-like Flowboard, it's bound to be the highlight of your Scottsdale summer!

So, if you have an empty weekend ahead and don't know what to do with the kids, I highly recommend that you book the [Westin Kierland Summer FlowRider package](#). It's a great little staycation that the whole family will enjoy.



If you have any cool ideas for the the family this summer, please email me at kkristin@azfoothills.com.