

# A Guide to Keeping Your Kids Busy in Quarantine

Written by Kenzie Barrena

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With most of us staying indoors nowadays, it can be hard to keep your little ones busy, entertained and learning. So we came up with a list of ideas to help you navigate through these indoorsy days, including several free resources.

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## Cosmic Kids Yoga

Go on an adventure and learn yoga with [Cosmic Kids](#) for free.

## DIY Bubbles

Make and blow some bubbles in the backyard. You can learn how to [here](#).

## DIY Paint

Make finger paint using Kool-Aid, especially great for toddlers. Learn how [here](#).

## Have a Free ART FUN PARTY

Paradise Valley artist Shanna Israel has kicked off a series of free online art classes, ART FUN PARTIES, for kids that will run during the COVID-19 pandemic. These events are free for participants and utilize art supplies you can find around the house (think paper, a cardboard box, glue, stickers, rocks and more). Tune in for the Passover-themed party scheduled for this Wednesday, April 8, at 3:30 p.m. PST. To see a full line-up of upcoming virtual art events for kids, visit <https://www.artfunparties.com/new-page>. To attend these free events, simply visit <https://www.facebook.com/artfunpartiesonline/>.

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## Order Girly Girlz Take Out

This take-out order from Scottsdale-based Girly Girlz includes a fun, age-appropriate craft, a dessert with tools to decorate, coloring pages with crayons and more for \$10 via curbside pick-up. You can place your order [here](#).

## DIY Playdough

You can learn how [here](#).

## Dance Party

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Have the little ones create a playlist and throw a dance party. Click [here](#) for the ultimate kid's party playlist!

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## Art Rocks

Collect some rocks laying around outside and turn them into a piece of art by painting them, glittering them, or just sticking some googly eyes on them. Now, leave them throughout the neighborhoods to create some smiles.

## Go on a Digital Safari

Say hi to the giraffes and zebras via a digital safari at [Phoenix Zoo](#).

## Scavenger Hunt

Create a fun scavenger or treasure hunt throughout your home. [Here](#) are 30-plus ideas for kiddos of any age.

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## Take a Fun and Free Art Class

Click [here](#) for ideas.

## Take an Online Museum Tour

You can choose from 2,500 museums [here](#).

## Take a Class with Arizona Sunrays

Local company Arizona Sunrays Gymnastics & Dance Centers are now offering more than 35 live virtual gymnastics, dance, NinjaZone, and preschool academic classes seven days a week. No special equipment is needed and all the classes can be enjoyed indoors or outdoors in a home backyard. Cost is \$109 per month for the whole family to enjoy. Children can attend any number of classes each week. To register online, visit [www.arizonasunrays.com](http://www.arizonasunrays.com).

**When all else fails, just throw on a movie.**