

Fabulous Last-Minute Gift Ideas & A Luxe Holiday Facial Special

Written by Arizona Foothills Magazine

Thursday, 15 December 2011 10:48 -

Ever notice how countless parties, lack of sleep, long flights, and stress can leave your skin looking less-than-stellar during the Holiday Season? When you're making your holiday list, make sure you account for some "me" time to refresh and rejuvenate your skin.



In December, Paradise Valley Skin Clinic is featuring a variety of luxurious skin care treatments like their signature Oxygen Facial (just \$100 for AFM readers, when you mention AFM special) and Buy One Get One 1/2 Off Radiesse to help you look and feel your best at this busy time of year. PVSK Gift Certificates are the perfect way to show you care for moms, sisters, friends, co-workers or anyone who deserves the gift of beautiful skin. PVSK gift certificates are available in denominations starting at \$25 and can be used towards any skin care treatment or injection package we offer. And, for every \$100 gift certificate you purchase, get an additional \$20 gift certificate to use for yourself or a gift for someone else. Featuring a sleek and contemporary vibe, Paradise Valley Skin Clinic is home to a highly trained and experienced team of cosmetic enhancement professionals and aestheticians overseen by renowned board-certified plastic surgeon Daniel Shapiro M.D., FACS.

The holiday season is the time of year most people overindulge on food and drink, and most of us are too busy to stick to our normal fitness regimen. People are buzzing about CoolSculpting, one of the fastest and easiest ways to combat holiday weight gain or just fight the battle of the bulge and win once and for all. CoolSculpting is the first non-invasive alternative to liposuction that uses cold laser technology to destroy fat cells and sculpt beautiful bodies. Performed at the offices of board-certified plastic surgeon Daniel Shapiro, M.D. FACS at Shapiro Aesthetic Plastic Surgery in Scottsdale, it takes only one hour to redefine your sexy curves by getting rid of stubborn fat. So, if you can't resist that sugar cookie or extra cup of egg nog – go ahead and indulge since getting rid of stubborn fat is easier than ever with the arrival of CoolSculpting at Dr. Shapiro's office.

To schedule an appointment at Paradise Valley Skin Clinic call 480.421.1701. For more information about CoolSculpt HD offered exclusively at Shapiro Plastic Surgery in Scottsdale or to schedule a consultation call 480.451.1700 or visit www.shapiroplasticsurgery.com

PVSK and Shapiro Aesthetic Plastic Surgery are both located at 5410 N. Scottsdale Rd. Suite F-100 in Paradise Valley, 85253

Want to learn even more? [Click here](#) to check out Dr. Shapiro featured on ABC15 in Phoenix.