

Dads We Adore: John Badolato a k a Dr. B

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In honor of Father's Day this weekend, AZFoothills.com shares one of our favorite Valley dads each day leading up to the holiday. Today, meet John Badolato, a k a Dr. B, and learn the Father's Day tradition he plans to carry on with his sons.



Children's name(s) and age(s): Gio, 5; Taio, 3; and Baby B No. 3 due Nov. 9

What is your biggest joy in being a dad? Hearing "Daddy!" screamed with excitement when I come in the door from work and receiving the biggest, most genuine hugs.

Biggest struggle? Worrying too much.

What has been your proudest moment as a father? Not just one, they happen all the time. I find pride in all the little things my kids do that only a parent would notice.

Looking back, what advice would you give to yourself as a new dad? "You can't stop them, you can only hope to contain them."

How do you like to celebrate Father's Day? Golf with my sons, just how my dad and I always did it.

Local favorites...

Family-friendly restaurant: That's Amare Gelato

Spot to be outdoors: Our backyard pool

Little-known gem for families: Doc Cavalliere Park

Family-friendly resort: Four Seasons Resort Scottsdale at Troon North and Westin Kierland Resort & Spa

Annual family event: Visit the ocean