

Girls Camp Soars into Season

Written by Kirstina Bolton

Monday, 07 May 2012 00:00 - Last Updated Monday, 07 May 2012 15:05



Wings to Fly Camp takes the building blocks of life to a whole new level with its all-inclusive pass for girls to discover who they truly are.



For every parent who has seen their child struggle from peer pressure, online bullying or issues of self-esteem, it's difficult to find a solution. Yet one nonprofit organization dedicated for young women, ages 12-15, seeks to redefine the idea of summer camp with their Wings to Fly summer camp in Mayer, Arizona, June 9-16 and June 16-23, 2012.

It's not a fat camp, a boot camp or an at-risk camp, its simply a camp focused on equipping young women to be the best possible them.

Centered on the four cornerstones of what defines the importance of womanhood, Wings to Fly camp focuses on the emotional, physical, spiritual and financial aspects of a woman and pinpoints key areas a lot of girls have trouble identifying.

"When young women feel empowered to be who they truly are, they have the ability and fortitude to begin to design the life they dream and soar to their true potential," says Renie Cavallari, founder of Wings to Fly. "In a fun, interactive way, we educate and inspire girls. There is no more important time, as they are our leaders of tomorrow."

The Wings to Fly camp incorporates a variety of camp experiences that build self-assurance and leadership skills, and help girls understand what matters most. There are more than 60 fun activities from high ropes courses to rock climbing to team building. Girls learn about themselves and how to work with others.

In addition, girls will learn about yoga, healthy cooking and eating, managing money and how to communicate effectively with each other and their parents.

Wings to Fly Summer Camp is \$995. www.wingstofly.info