

## 7 Easy Ways to Make Someone's Day

Written by AZFoothills.com

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I am a huge fan of making other people's days. In fact, it's one of my favorite things to do! Whether it's a friend who needs cheering up or a total stranger, there are so many ways we can make someone feel better with just one small gesture. The good news is that you don't need to spend a lot of money or time to do it either. Here are 7 easy ways to make someone else's day.

### Give a Friend or Loved One Something Meaningful to You

You could give a friend or loved one something meaningful to you. This is a great way for two people to bond and share something special, and it's also a great way for the recipient of your gift to get more out of it than just having something nice in their possession. If you're planning on giving someone else an item from your own personal collection, make sure that they'll actually use it. Whether it's something special from your kitchen, your favorite recipes or something else, if it's something they would love, they'll appreciate it from you.

### Give a Greeting Card

A nice greeting card is an affordable way to tell someone you care. Whether it's for a birthday, a special occasion, or just because, you can [shop greeting cards](#) that tell people exactly what you mean. Cards are a nice touch that can let a friend or family member know that you are thinking of them and that you love them.

### Buy Flowers for Someone Who Could Use Them

Flowers are a great way to brighten someone's day. They're also an excellent way to say "I'm thinking of you" and can be bought for any occasion—birthday, anniversary, special lunch date, etc. Plus, flowers can be bought for any budget—you can find beautiful bouquets at the grocery store sometimes for as little as \$5. You can even order flowers online and have them shipped to the person you love as well.

### Leave a Positive Comment on Someone's Social Media Post

One of the easiest ways to make someone's day is by [leaving a positive comment](#) on their social media post. If you see a friend or family member sharing something that you're proud of, let them know. This will be especially meaningful if they've been struggling with something recently, like their grades or an injury. You can also leave positive comments on strangers' posts if you just want to spread some kindness. No matter how busy life gets, it's always worth taking a few minutes out of your day to help others feel better about themselves.

### Call Your Parents and Ask How They're Doing

One of the best ways to make someone's day is by giving them your time. If you have a parent or family member whom you don't talk to very often, this can be a great way for you to show them that they're still important in your life. This can be especially helpful if one of your parents is sick or not doing well. If that's the case, calling them up and asking how they are will help remind them that they are loved, appreciated, and cared about.

### Ask if Your Neighbor Needs Help With a Project

If you're in a position to help, offer. If you're not in a position to help, you may know someone else who could help. This could be as easy as trimming the grass for your neighbor once a week or as complex as helping them build a fence for their dog. The importance of being a good neighbor goes without saying, but the benefits are many. Your kindness could spark more kindness from your other neighbors. As your

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community comes together to build each other up, you'll be amazed at what happens.

### **Send Something Sweet in the Mail**

If you're not feeling up to a long conversation on the phone, send something sweet in the mail to a friend or relative who lives far away. Something like a card with a cute little message. Send a gift card to a local boutique or niche food store. Mail a [fruit basket](#) to help them reach their health goals or box of fancy chocolates. You could also send a bouquet of flowers.