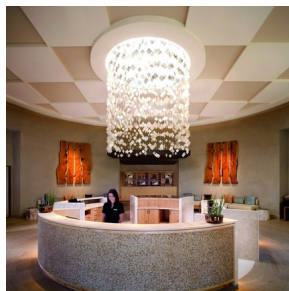


The Ritz-Carlton, Dove Mountain Spa

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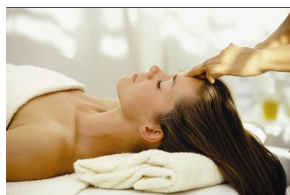
The Ritz-Carlton, Dove Mountain spa provides a relaxing experience unlike any other. From the first step into the spa, guests can feel a sense of tranquility wash over them. The ultimate de-stressing destination, the Ritz-Carlton spa has a treatment for everyone, from expectant mothers to couples to stressed students.



The calming neutral tones of the lobby and women's locker room immediately put guests at peace. Guests are given plush robes, spa shoes, and a locker to make their stay comfortable. Guests can also use the showers, sauna, steam room, and Jacuzzi throughout their stay.



The Ritz-Carlton's signature treatment, "Embracing your Elements –Balance," is a great way to get in touch with one's body and mind. A personal massage therapist will determine your element upon arrival—water, fire, Earth, metal, or wood—based on your birthday. Once an element is determined, the massage therapist will give you all the information you need to know about your element, and will choose scents and oils specific to your element. Guests will undergo a dry brush, and will then be able to soak in a private bathtub, equipped with jets, bubbles, and scents specific to his or her element. After the relaxing soak, guests will receive a 50-minute, relaxing massage. After the treatment, guests are sure to feel completely balanced, both physically and emotionally.



The Ritz-Carlton Tailored Facial is an eco-friendly treatment that will fulfill the needs of various types of skin. By detoxifying pores and soothing the skin, guests will leave feeling completely refreshed with their skin's natural radiance restored. Light steam, minor extractions if necessary, exfoliation, and a personalized mask and moisture infusion will leave your skin feeling softer brighter than ever. This type of facial is perfect for youth who wish to better understand their skin, as a specially designed at-home skincare program will be suggested after the treatment.



After a morning of pampering, spa customers can relax by the serene pool, complete with cozy, plush chairs and table service. The fried chicken salad is the perfect combination of guilty pleasure and healthy greens, featuring fresh avocado, delicious chicken, candied pecans, and ranch. Don't forget a swimsuit, because the relaxing mountainside environment will have you never wanting to leave the pool.

The Dove Mountain Manicure and Pedicure are the perfect ways to end your luxurious spa day. The traditional treatment will leave your hands and feet feeling moisturized, soft, and pretty in the polish color of your choice. Guests receiving the treatment should take advantage of the offered ice tea, as it is refreshing and tasty. Once finished, spa guests are invited to take advantage of all that the spa has to offer. Take a dip in the secluded, women-only Jacuzzi, or sit and detoxify in the steam room, or continue your day in the beautiful Arizona weather by the pool. However you decide to spend the day at the Ritz spa, it is sure to be relaxing and highly enjoyable.