

## Deserving Tucson Charities

Written by Ashley Pearlstein

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Looking for a way to give back to your community? There are plenty of volunteer and donation opportunities to help out fellow Tucsonans that are conveniently close to home. So make a date of it, and decide to help out when you can. Check out these charities and foundations that help



make Tucson one of the strongest communities in Arizona.

### Ben's Bells

After losing their son, Ben, in an unexpected manner, Jeanette and Dean began to cope by therapeutically working with clay to make Ben's Bells. With the help of a strong community, hundreds of people reach out every year to make bells that will be placed around the city in an attempt to pass along kindness and make the community a gentler place to live. Located on University Boulevard, U of A students and local citizens alike volunteer at Ben's Bells everyday. Instead of catching up with a friend at the local coffee shop, take your coffee to go and chat while you paint.

[www.bensbells.org](http://www.bensbells.org).

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### Community Food Bank of Southern Arizona

With food bank locations and donation centers across Tucson and Southern Arizona, the Community Food Bank of Southern Arizona is the perfect way to give back. Whether you are looking to volunteer or to donate foods, the food bank can always use your help. With a goal of meeting the food needs of the hungry in our community, the food banks seek the help of all community members to make Tucson a better place.

[www.communityfoodbank.com](http://www.communityfoodbank.com).

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### Humane Society of Southern Arizona

A private, nonprofit organization that receives and adopts homeless animals, the Humane Society of Southern Arizona strongly believes that all animals deserve a good home. Volunteer opportunities are offered in education, administration, special events, adoption, and many more areas of the Humane Society. For those looking to help out a little extra, becoming an animal foster parent can be rewarding and extremely beneficial to animals in need. Volunteer today and help Tucson's homeless animals find love.

[www.hssaz.org](http://www.hssaz.org).

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### Ronald McDonald House Charities of Southern Arizona

The Ronald McDonald House provides comfort and support for families and children who are facing serious illness or injury. The charity provides a home for families who must travel to receive healthcare in Tucson. House and family volunteers as well as donations are always needed and appreciated. Chef for a day opportunities are also available to those who wish to cook dinner for the houseguests. Looking for an easier way to give back? Collect pop tabs to donate to the Ronald McDonald House, which help them raise money for their charity.

[www.rmhc-tucson.org](http://www.rmhc-tucson.org).

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### **Angel Charity for Children, Inc.**

Angel Charity for Children is an all-volunteer organization with local business leaders that helps to fund grant requests that will significantly help Tucson youth. By setting up children's organizations and giving children the funding necessary to grow and learn, the Angel Charity for Children helps make Tucson's youth healthy and happy. Community members are encouraged to donate or participate in upcoming events that will raise money for the cause.

[www.angelcharity.org](http://www.angelcharity.org).