

The Red Door Spa at The Westin La Paloma

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What lies behind the double ruby red doors at The Westin La Paloma Tucson is a wizard of beauty, harmony and well-being. The Elizabeth Arden Red Door Spa, in an Oz of relaxation and rejuvenation, offers advanced and transformative indulgences and pampering. Dedicated to the vision and mission of facial and skincare pioneer Elizabeth Arden, The Red Door Spa is the sanctuary hot spot for resort destination The Westin La Paloma.



No matter your need, the Red Door Spa boasts an array of beauty and body wellness specializations in a sleek and modernistic environment with knowledgeable staff and 18 private treatment rooms.

Face

Rejuvenate your face by requesting the popular and customized Red Door Signature Facial. Other select facials incorporate a warm stone massage, eye and plumping treatment, and naturally derived extracts, multi-vitamins and antioxidants. Each facial is specifically designed to restore moisture, rescue eyes, and hydrate and exfoliate the skin.

Massage

"Restore balance to mind and body" by choosing among Red Door Spa massages that focus on stress or pain-relief, muscle relaxation, foot reflexology, and energy release. The seven massages all include aroma therapy oil, an aroma therapy pillow and a heated pillow. Various ingredients used are Olive Oil scrub, rose oil and Shea butter cream.



Skin

Radiate your skin and replenish health and hydration by selecting one of the Red Door Spas Ritual, Scrub or Wrap treatments. The Detoxifying Seaweed Wrap consists of a warm seaweed body mask that draws out toxins and restores skin vitality. Then enjoy a relaxing scalp massage cocooned in warmth, as described on the Red Door Spas menu. Or select the "Cream and Sugar Scrub, which is a gentle sugar exfoliation followed by a hydrating body massage with cream; [it] intensifies moisture absorption for lasting softness [and is] sensitive skin friendly."

The Red Door Spa guests also may choose to have manicures and pedicures, waxing, and hair and makeup services, as well as customized treatments for men. The Westin La Paloma's "eucalyptus saunas, heated Jacuzzi, [and] therapeutic steam rooms," currently offers three spa specials. The La Paloma Spring Special features a spa vacation for the mind and spirit. An Escape with your Girlfriends package includes in-room spa treatments and other accommodations like breakfast and heavenly robes and beds. If you'd like to experience The Westin La Paloma with a loved one, then the Couples Retreat is your preference. This package highlights a signature massage or facial and one 18-hole round of golf at the acclaimed Jack Nicklaus Signature Golf Course.

Whether you're unwinding from a stressful workweek or enjoying a getaway with girlfriends, the Red Door Spa is your sanctuary for serenity.

To review a complete Red Door Spa menu of services or to book a reservation, please visit: www.westinlapalomaresort.com.