Freshen Up-Staying Refreshed in the Summer Heat

Written by Written by Diane Aiello Saturday, 25 July 2009 17:00 - Last Updated Tuesday, 28 July 2009 11:58

Beauty Editor Diane Aiello finds the loot to keep you refreshed in the summer heat wave.



Coconut Dream

Knowing that we are still in for a long haul of hotter- than-hot days ahead, why not try to get creative and make the best of it? With **C.O. Bigelow Coconut Body Cleanser**, I can at least start my day by dreaming I am in some exotic, tropical locale for a few minutes in the shower. This ultrafoaming wash doesn't strip skin of moisture so it's perfect for parched bods. www.bigelowchemists.com.



Get Smoky

When it comes to makeup, the biggest request I get from women is how to do a smoky eye. Benefit has come up with **Smokin' Eyes** sexy eye and brow makeover kit. It contains everything you need from brow to lash to give yourself that smoldering look, including a step-by-step fold-out so you can't go wrong. *Macy*'s.



Hair Holder

Nothing is worse than a sticky, greasy pomade when all you need is a little holding power. **Warren Tricomi Style Pomade** works wonders on my fine hair without gunking it up. It holds back all those little pieces that don't quite make it into a pony or updo while adding shine. Plus, it has a yummy, tropical smell. *Bath & Body Works*.



Water Works

When running from indoors to outdoors on any summer day, it doesn't take long to feel like a hot mess, which is why I love **NUDE Skin Care's Hydrating Water**. This rose-and-vanilla scented floral water is intended for post cleanser use, but it's also the perfect pick-me-up when you are feeling wilted or dehydrated. *Sephora*.



Pore Perfect SPF

Everyone knows that I am religious about wearing sunscreen, but on some particularly hot days it's hard not to feel like a shiny sunscreen disaster. **Patricia Wexler MD Oil-Free Hydrator SPF 30** is a lightweight moisturizer that doesn't clog pores. It's packed with NIACYL, so it gives you just the right amount of protection from the rays while still improving skin's texture. *Bath & Body Works*.