

April Resort Events in Tucson

Written by Ashley Pearlstein

Here are some great events that Tucson's finest resorts are cooking up for the month of April.



Stargazing

Every Wednesday from 9 p.m. to 10 p.m., Loews Ventana Canyon hosts a stargazing event led by astronomy professional guides. The guide will show guests constellations and planets viewable in the night sky in honor of Tucson, the astronomy capital of the world.

www.loewshotels.com.



Market Brunch at CORE Kitchen & Wine Bar

Every Sunday, the Ritz-Carlton, Dove Mountain CORE Kitchen & Wine Bar features a Market Brunch. The brunch features assorted fresh seafood and hand-rolled sushi, an interactive chef station, pancakes, eggs benedict, and much more. Try a Bacon-Infused Bloody Mary or mimosa while sampling the delicious eats.

www.ritzcarlton.com.



Life Enhancement Program – Focus on Women's Health

Canyon Ranch resort is offering a dynamic program led by members of the resort's team of women's health experts. The event, from April 22-29, will help guests to celebrate the joys of being a woman and look at the physical, emotional and spiritual challenges of getting older, relationships, and health.

www.canyonranch.com.



Intuitive Synergy with Shelly Eagle

On April 28-29, Miraval Resort will feature an Intuitive Synergy session, which combines hands-on energy work with counseling to help erase present and past issues and balance chakras. Shelly Eagle is a licensed massage therapist and Reiki master who specializes in energetic emotional healing.

www.miravalresorts.com.

April Resort Events in Tucson

Written by Ashley Pearlstein



Cooking with the Chef

On April 28, Westward Look Wyndham Grand Resort & Spa will feature Cooking with the Chef. Chef James Wallace will show guests the resort's own herb garden and teach them to pick the ripest ingredients. Guests will also experience a cooking demonstration, and will get to eat the meal afterwards. Cost is \$39 per person.

www.westwardlook.com.