

Discover Tucson's Food Culture

Written by Kiva Couchon



To start the morning off right, stop at the award-winning Cup Café inside the historic Hotel Congress on Congress Street in downtown Tucson. Options include traditional breakfast fare served from 7:00 a.m. to 4:00 p.m., as well as crepes, quiche and the famed Congressional Omelet Bar. The “build-your-own” Bloody Mary bar is one of the best in town and offers up a bevy of condiment choices from 10:00 a.m. to 2:00 p.m.

Another must-eat hot spot, Café Poca Cosa where chef and owner Suzana Davila pairs her culinary genius with an upscale, yet casual, urban setting. A true master of chilies, chef Davila artfully infuses a wide range of Mexican flavors and ingredients into every dish, creating one of the most authentic dining experiences you'll ever have.



If ambiance is what you seek, be sure to make a point to dine at the AAA Four Diamond The Grill at Hacienda Del Sol. The Grill has won countless awards, including “Tucson’s Best Dining with a View” and “Tucson’s Most Romantic Dining,” as well as being recognized as a Gold Culinary Award Winner for its supreme Sunday brunch. Whether you’re there for breakfast, brunch, lunch or dinner, opt for an elegant indoor meal or soak in the sun by dining al fresco on the patio.

Your last stop on this Southern Arizona food adventure should most certainly be dinner at El Charro Café. Savor traditional Northern Mexico Sonoran-style specialties from chimichangas and handmade tamales to the famous carne seca. Established in 1922, El Charro Café is the nation’s oldest Mexican restaurant in continuous operation by the same family. El Charro Café is a Tucson treasure not to be missed.

Whatever your food favorite, there’s something for you in Southern Arizona so commit to spending at least one weekend on the road this summer to see all this great state has to offer. For more information on where to stay and play, visit summerinaz.com.

