

## Luxury Girlfriend Getaway at Four Seasons Resort Scottsdale at Troon North

Written by Melissa Larsen

Thursday, 11 June 2015 13:41 - Last Updated Thursday, 11 June 2015 14:27

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When it comes to a luxury Scottsdale girlfriend getaway, Four Seasons Resort Scottsdale at Troon North offers just about anything you might need: amazing cocktails, ooh-aah-good spa treatments, a variety of dining options and the opportunity simply soak up the sun by the quiet pool.



Quiet luxury. That is the best way to describe a weekend staycation among friends at [Four Seasons Resort Scottsdale at Troon North](#). The resort is luxurious, without being over the top. It is peaceful and quiet, while being far from boring. And the beautiful mountains, blue skies and tall--and short--cacti make the perfect backdrop for a girlfriend getaway. The guest rooms are warm and welcoming, full of calming neutral tones--accented by purples, pinks and oranges, colors of the Arizona sunset--with comfy down duvets and pillows and L'Occitane bath products from prepping and primping.



Though you can easily relax the day away in your room or on the porch or balcony lounge chair with a good book, take that read to the pool. Though there are family pools, you and your girlfriends can savor the quietude of the adults-only pool. Order up the seafood bento box for lunch from the poolside Saguaro Blossom restaurant (the seared tuna tostada is amazing) alongside a cooling cucumber-melon margarita or fruit-packed white sangria. Once your belly is content, pull up a lounge chair poolside--and let the day get away from you. Listen to the babbling water feature with your eyes closed, take a dip on the water, flip through the magazine that the attentive and friendly pool staff brings you. Or order up another one of those magical margaritas.

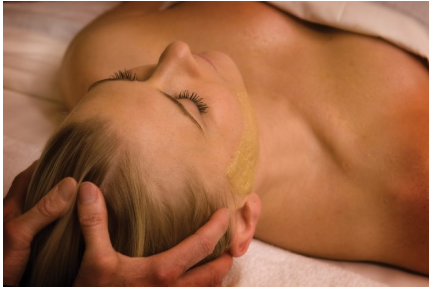
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Just when you thought it was impossible to be even more relaxed, book a Four Seasons in One signature treatment at the spa. Before the treatment even begins, jumpstart the r-n-r by hanging with your girlfriends in the relaxation lounge, snacking on chia shortbread cookies and sipping ginger tea. The 80-minute treatment is a "sensory journey through all four seasons" that incorporates massage, a light skin exfoliation and a soothing wrap. The treatment features scents reminiscent of all four seasons, from pumpkin spice to represent fall to floral springtime scents. Your now-silky skin and now-melted muscles will thank you.

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While Four Seasons Scottsdale is home to one of the Valley's most amazing fine-dining experiences--Talavera--a girlfriend getaway is all about keeping it casual. Proof Canteen is the perfect spot to enjoy incredible fare in a welcoming, cool setting. Whether you are feeling sinful or health-conscious, there is a starter for you. The definition of deliciousness are Proof's melt-in-your-mouth pretzel knots. You won't gain points with your nutritionist, but they are the epitome of "worth it." Or try the heirloom vegetable crudite for a healthy yet yummy kickoff to your meal. The beautiful plate features raw seasonal veggies sided with the refreshing cucumber-basil Greek yogurt and lemon-garlic hummus. For the perfect summer salad, it doesn't get better than the watermelon salad with tomato, feta, fried olives, balsamic, cucumber and pickled watermelon rind. And the presentation sure is pretty. For the main event, you simply can't beat Proof's lobster roll. The lobster is spilling out of a grilled, buttery roll, which you'll want to devour with a knife and fork. Abandon the bread if you must, but be sure to take at least a few indulgent bites. Proof is also known for its long and creative list of scoops, sundaes, shakes and baked goods. To keep cool, the smores sundae, with toasted marshmallows, rocky road ice cream and graham cracker crisps, just screams summertime.

Check out Four Seasons Resort Scottsdale at Troon North's summer specials and savings [here](#).