

Girl's Night Out: Scottsdale Staycation

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A staycation in the sun—complete with cocktails and pedicures? It doesn't get much more fab than that. Four Seasons Resort Scottsdale at Troon North offers a great summer stay-and-play for you and your gals.



Though thoughts of Four Seasons Resort Scottsdale at Troon North don't conjure of images of hip and hoppin' pool parties where DJs are spinning and lounge chairs are prime real estate (we all know those Scottsdale pool parties), it does incite images of rest and relaxation, which, to some, is the recipe for a girls' weekend away.

Upon checking into a luxe retreat at Four Seasons, get thee to the pool pronto where hours of wading the day away—and girl talk, of course—are to be had. (There are both kid-friendly and adults-only options.) After the staff sets up a cushy lounge chair for you, order a frosty drink to keep you cool poolside. The cucumber-melon margarita—be sure to get it frozen—is guaranteed to chill you out and please your taste buds. And keep your eyes open for the staff as they bring around complimentary samples of frozen coffee drinks, smoothies and more.



Once you're done under the sun, jet to the Four Seasons spa and salon where a pedicure (a k a the ultimate girls' weekend activity) awaits. The expert therapist tends to your tootsies while the scent of the season, tangerine, refreshes you. (The therapist puts a few drops of tangerine essential oils in the foot bath.) Before a fresh coat of bright polish finishes off your pedicure (maybe a bold orange or hot pink?), your feet are wrapped in warm wet towels that seem to seep away any stress or thoughts of the outside world. Plus, there are six plush pedicure stations at the salon so one of the gals won't have to sit out.



With primed toes and a fresh tan, a fancy dinner ends a stellar girls' night out at Four Seasons. Talavera offers high-end cuisine in a colorful, non-stuffy atmosphere. Order wine for the table and feast on such appetizers as the fresh and flavorful Sunizona tomatoes with Black Mesa feta, Queen Creek olives and the sweet addition of fig balsamic. For the main event, summertime calls for seafood and Talavera does it well with its yummy salmon and sustainable prawns plates. For a little decadence, the lobster mac and cheese is comfort food at its best. To end the evening, toast to your favorite girls and a successful staycation over Talavera's finger-lickin'-good chocolate souffle, covered in vanilla sauce. Forget being ladylike; dig in. www.fourseasons.com/scottsdale.