Written by Written by Kathy Shayna Shocket

Kathy Shayna Shocket has the inside scoop on the stories that make headlines.



Kathy's EXCLUSIVE behind the scenes photos of casting "The Bachelor"

The new season of "The Bachelor" premieres this week and one of the women vying for Latino heartthrob **Juan Pablo's** heart, lives in Scottsdale! Yes, **Kat**, (she's pictured below when she was signing in for the very first audition), was eventually cast to join 26 other contestants in the famous bachelor mansion.

The 29 year old with hopes of roses and a proposal from the former pro soccer player and single dad, also has an impressive resume. She's a medical sales rep, who by the way has a B.S. in Athletic Training, a B.A. in Dance and her Masters in Exercise Science.



How did Kat and the other contestants land a chance to pursue their quest for love on national television? Well, first they had to make a big impression on producers. Thousands sent in a video tape. Others turned out for the open casting calls in different cities. The casting call for season 18, in cooperation with ABC 15, was held in a large meeting room in the summer at the Hyatt in downtown Phoenix. After filling out the appropriate paperwork, the candidates sit patiently in a big room together. Then, one by one, they're called into a private area for a video taped interview.

Attire for the casting is varied, but most of the ladies are well accessorized

Pictured below: I asked Kat to pose with a couple of the other women auditioning who were sporting very fashionalbe watches.



How will Kat, who was raised in Iowa City, Iowa, fare amidst all the drama of the hit reality show? Well, there's plenty of confidentially agreements signed, so all lips are sealed.

But we can tell you that she'll be able to show off all her dance talent, and we may see her and Juan Pablo sharing some sexy salsa dancing.

Stay tuned!



is a freelance Writer, Photographer and TV- FieldProducer based in Phoenix, AZ. She's a former TV Reporter who has written for publications such as ____ and ____ You can reach her at redkarpetgirl@aol.com