

Extend Your Life by Choosing Sierra Pointe

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Sierra Pointe is a first class luxury retirement community encompassing both independent and assisted living. Located in the heart of North Scottsdale this 55-plus community is the perfect combination of luxury and comfort to create a first-class resort atmosphere with the warmth and coziness of your own home. The property offers various floor plans and activities for seniors interested in renewing not only their physical surroundings but also their lifestyle.



Sierra Pointe prides itself in being unlike any other retirement housing in Scottsdale. The property is truly a community that thrives on building relationships amongst residents and staff. Their entire focus is to ensure no one is left in isolation through various friendship-building activities, socials, and clubs. The jam-packed activities calendar for independent living ensures there is something for everyone. From lectures by the Phoenix Art Museum, educational speakers, live performances, and volunteer options, residents are constantly on the move. Sierra Pointe's staff goes far beyond just setting up events, they reach out to residents on a personal level to ensure each person stays active and social.

Sierra Pointe's game room is one of the most used and popular amenities. With a breathless view of the beautiful McDowell Mountains, residents come together to play various games such as bridge, Mah Jong, Canasta, and Rummikub. Sierra Pointe also offers scheduled gaming times where residents can join their friends in friendly games of cards. The library is well stocked and keeps residents engaged with a variety of topics. Various social clubs in Sierra Pointe, such as the book club, promote discussion and reflection between residents keeping them engaged with each other in a homey environment. Another popular amenity is the luxurious movie theatre. With comfortable stadium seating, residents can enjoy television and movie showings in a relaxing and home-like atmosphere.

With their social activities and their strong focus on cognitive health and fitness, Sierra Pointe provides residents with the highest level of physical and social wellbeing. The staff offers a wide range of regular exercise classes for every level and interest. Residents can partake in aqua aerobics, relax with Tai Chi, or get fit with a total body conditioning class or Zumba dance classes. Sierra Pointe also offers group walks, keeping residents active while socializing with friends. The staff knows how important brain health is to staying young and alert, thus residents can enjoy various cognitive stimulation programs that has them participating in hands-on exercises.

The elegant dining area offers complimentary breakfast every morning as well as elaborate lunches and dinners. The property goes above and beyond to give residents a homey feeling while maintaining a high standard of luxury. From relaxed breakfasts to elegant dinners, to social gatherings and exercise classes, Sierra Pointe is the perfect place to feel young, and stay young.

To learn more, visit www.sierrapointe.com and read about AFM's feature for Best Place to Retire www.arizonafoothillsmagazine.com