Best Of Our Valley Update: Most Popular Categories and Tight Races in Health & Self,

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November 5, 2010 (Scottsdale, Ariz.)- Three and a half weeks remain in the second-annual Best Of Our Valley Contest! Though many categories are tough battles, a few categories are seeing enormous numbers of votes. The top five categories currently with the most votes are Top Twitterer, Best Band, Most Fashionable Female Over 30, Best Design Firm and Best Realtor, respectively.

Each week we take a look at the tight races in two categories- There are mighty close scores in Health & Self categories, including:

