Written by Nadine Bubeck



I admit: I'm a social media addict. Many of us moms cannot resist posting pics of our kids doing just about anything. To us, our little ones are our shining stars, and it's simply so tempting to share their adorable-ness with the world.

However, there are times I fear I share TMI. It's kinda scary knowing the World Wide Web is a world of its own, with all our family photos floating around.

More concerning: our kids have embraced technnology; even my two year old knows how to swipe an iPad. That's why I thought these tech-savvy tips from <u>Experian's ProtectMyID Program</u> would be helpful for my fellow tech-loving moms.

When it comes to signing into WiFi, it's suggested you consider a portable router to create your own hotspot. This will protect your searches from being streamed on such a public WiFi platform. All you need is a local SIM data card, available at most electronic stores.

To avoid welcoming hackers, always log into a secure/private network. If you must use public Wi-Fi, be very cautious of the unsecured networks; hackers have a better chance of accessing your login details on an unsecured network. (And yes, they can also tap into your credit card accounts, etc)

Be social media smart...especially while you travel. We all love to show our kids playing in the sand on vacation, but posting travel-related pics can alert someone that your home is vacant. If you really want to share these photos, make sure to set your Facebook privacy settings to "friends only." Or, as a safter alternative, share your vacation memories when you return. In relation, Twitter is just as target-friendly as other social media outlets. Think before you Tweet.

Next, keep things legit. Before surfing a website from your cell, check the URL. There are plenty of URL spoof sites created to steal your information. Unfortunately, mobile browsers do not show the URL, so it is best to bookmark your favorite sites after you type in the address.

Use strong passwords. Come up with a mix of upper and lowercase letters, numbers, and symbols to make your passwords harder to crack. And make sure to put passwords on all your electronic devices (cell phones included). Losing your phone, thumbdrive, or laptop can be just as detrimental as losing your wallet.

About Nadine

Nadine Bubeck is a mom, wife, multi-media personality, host, author, blogger, keynote speaker, and PR professional. She has been an anchor/reporter at TV stations in San Diego, California, and Phoenix, Arizona. She contributes to numerous motherhood-based publications and is often featured as a parenting expert on television, among other media outlets. Nadine can often be found at mommy-and-me classes, playgrounds, and kid-friendly restaurants. She lives in Scottsdale, Arizona with her husband and sons, Nicholas and Zachary. She's a blessed boy mom and queen of the house. Her book, Expecting Perfect: My Bumpy Journey to Mommyhood, is available on Amazon. For more: www.allthingsmama.tv

Nadine would love to hear from you: nadine@nadinebubeck.com