

Gender Prediction Myths Debunked

Written by Nadine Bubeck



We didn't find out. Both times, we refrained from joining team blue or team pink--we ceased and savored the anticipation of surprise.

Granted, I was curious, and was surely tempted to see if Baby Bubeck (#1 and #2) was a boy or girl...but I never gave in. And truth be told, it didn't matter. After a rough first pregnancy, all I wanted was to birth healthy babies.

With that being said, it didn't stop me from doing girl-or-boy research on the web. And all I found was a bunch of useless information. Regardless, if you're preggo, it's still fun to do some gender prediction due diligence.

Before I provide you with some boy/girl quiz links, I thought I'd do some myth busting based on my experience having been pregnant.

Myth 1: If you carry low, it's a boy; high, it's a girl. I carried my sons low both times, so this myth might have some truth to it.

Myth 2: Craving sweet or salt? If you crave sweets, "they say" it's a girl. For me, this was a total bust. I turned into a cookie-cake-candy addict throughout my second pregnancy...with my son.

Myth 3: The Pendant. Swing a pure gold pendant over the pregnant belly. If it swings back and forth, it's a girl. If it swings around, it's a boy. This is my mother-in-law's favorite pregnancy game. It didn't work for me, but it's quite entertaining!

Myth 4: If you have more acne, it's a girl. Throughout my first pregnancy (with a boy), my face was clear, but I got some back-acne. For my second pregnancy (with a boy), I was acne-free. I really think there is no correlation between acne and gender.

Myth 5: The Key Test. If the pregnant woman picks up a key from the thin end, then it's a girl. Really? Who makes this stuff up? Found this tidbit online. To me, this is simply silly.

Here are some gender prediction quizzes I found online. Have at it!

[Boy/Girl Quiz #1!](#)

[Boy/Girl Quiz #2!](#)

[Boy/Girl Quiz #3!](#)

[Boy/Girl Quiz #4!](#)

[Boy/Girl Quiz #5!](#)

Xo~Nadine

About Nadine

[Nadine Bubeck](#) is a mom, wife, [multi-media personality](#), host, author, blogger, keynote speaker, and PR professional. She has been an anchor/reporter at TV stations in San Diego, California, and Phoenix, Arizona. She contributes to numerous motherhood-based publications and is often featured as a [parenting expert on television, among other media outlets](#). Nadine can often be found at mommy-and-me classes, playgrounds, and kid-friendly restaurants. She lives in Scottsdale, Arizona with her husband and sons, Nicholas and Zachary. She's a blessed boy mom and queen of the house. Her book, [Expecting Perfect: My Bumpy Journey to Mommyhood](#), is available on [Amazon](#). For more: www.allthingsmama.tv

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