

10 Picture Taking Tips

Written by Nadine Bubeck

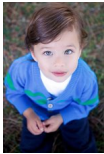
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I admit: I am picture obsessed. I am that mom who snaps pics of my kids every day 50 times a day. I just can't help it...I want to document every single thing. I can only assume I'm not the only crazy picture-taking mom, so I thought it would be fun to highlight picture taking tips for parents.

My friend Marisa Grabowy runs [Marisa Belle Photography](#) out of Scottsdale, specializing in families and weddings. As a mom, she knows getting that money shot can be a challenge, so she shared some insight on shooting that perfect picture.

Watch the [All Things Mama TV](#) video (above) for more details. In short, here are her tips:

1. Find exposed even shade. If you can't go outside, face your baby toward a window and try not to block the light with your body.
2. Always focus on the eyes. In addition, focus more on the subject than the backdrop to ensure best light.
3. For props, use what you have around the house. You can dress up a laundry basket with a white blanket, or prop your kids on pretty pillows. When it comes to attire, opt for solid colors rather than busy patterns.



4. Turn off your flash.
5. For toddlers: pick a spot that the toddler will find interesting. Utilize photogenic toys in the space to keep them busy. (For example, take pics of your toddler going down a playground slide.) Try to avoid using food as a bribe.
6. For babies: use their favorite toy to get their attention. Make sure they've eaten and burped to avoid fussiness and ensure smiles.
7. Take milestone photos, especially during baby's first year. (Pictures at 3 months, 6 months, 9 months, and 12 months.) Show what the baby is good at during that time; for example: 3 months: tummy time; 6 months: sitting up; 9 months: standing with support; and 12 months: standing unassisted/walking.
8. Keep your finger on the trigger...don't stop shooting. Sometimes the candid pics turn out the best.
9. Be patient! It takes time to get that great shot (especially of a toddler).
10. For selfies, stand facing a window, put baby close to your face, hold your phone high, and turn the camera around so your baby/toddler can see themselves.

For more fun videos, visit: [All Things Mama TV](#)

For more information on Marisa, visit: [Marisa Belle Photography](#)

Xo~Nadine

About Nadine

Nadine Bubeck is a mom, wife, TV personality, host, author, blogger, keynote speaker, and PR professional. She has been an anchor/reporter at TV stations in San Diego, California, and Phoenix, Arizona. She contributes to numerous motherhood-based publications and is often featured as a [parenting expert on television, among other media outlets](#). Nadine can often be found at mommy-and-me classes, playgrounds, and kid-friendly restaurants. She lives in Scottsdale, Arizona with her husband and sons, Nicholas and Zachary. She's a blessed boy mom and queen of the house. For more: www.allthingsmama.tv

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