Rachel Roland is a mom on a mission - exploring beautiful Arizona (and beyond!) with her two little companions, Jeremiah and Sarah, in search of the best restaurants, attractions, and products for you and your children. See what she has in store for your family today!



Maybe it's my Wisconsin roots, but I love a good steak. I also love chicken wrapped in bacon, ribs, and pork covered in Parmesan cheese and roasted over an open flame. If you're the least bit hungry (and a meat-lover) then your mouth might be watering a bit...and I found the perfect place for not only hungry adults, but hungry kids, too! Fogo de Chao, located on Scottsdale and Lincoln Roads in Scottsdale, is a Brazilian style steakhouse where the food is cooked to perfection and portion size is up to you!



First, you can start with the 'salad bar' - that's unlike any salad bar I've ever seen before. It has fabulous cheeses, smoked meats, house-made salads (chicken, potato, etc), and more delicacies like fresh mozzarella, sun dried tomatoes, jumbo asparagus and even more! I know it sounds fabulous and delicious - and you can choose to order the salad bar only for a smaller charge - or you can flip over your card from red to green to 'go' for the meat portion of the meal.

The way it works is simple - for one price (\$49.95 for adults, children 6-10 half price, and children 5 and under free), you are able to try all the meats Fogo de Chao has available - from the signature picanha top sirloin to the linguica savory pork sausage - you're sure to find something that you love. All the meat is high quality and cooked to perfection.

When you turn your card over from red to green, it can get a little crazy - the gauchos have one job and that's to make sure everyone is served in a timely and polite manner, and they do this to perfection! They also bring side dishes like the AMAZING pão de queijo (warm cheese bread), crispy polenta fries, garlic mashed potatoes, and (Jeremiah's favorite) fried bananas.



If you haven't stuffed yourself too much (which is entirely possible), then try one of their delicious desserts. We sampled the tres leches cake, which was fabulous and perfect for sharing (when some of us might have had a little too much to eat!) For beverages, they also serve Brazilian soda and lemonade, as well as their signature caipirinha, a Brazilian beverage that's delicious (and for adults only!)

I love taking Jeremiah and Sarah here for either lunch or an early dinner - they love having so many choices for food, and I love that everyone is so polite and welcoming here!

Visit Fogo de Chao at 6300 N. Scottsdale Rd, in Scottsdale!



Photo courtesy Red Phoenix Photography

I'm Rachel - a mom, wife, and 'green' blogger at <u>Small Steps On Our Journey</u>. If you want me to come visit your place of business, have any questions on this article or suggestions for a future article, you can email me at <u>rroland@azfoothills.com</u>, tweet me at <u>@rachelroland</u>, or connect with me on <u>Facebook</u>.

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