

## Biltmore Restaurant Great for Lunch with Kids

Written by Rachel Roland

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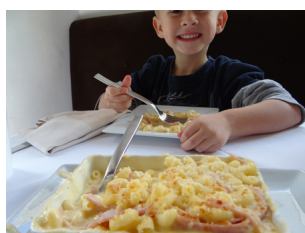
Rachel Roland is a mom on a mission - exploring beautiful Arizona (and beyond!) with her two little companions, Jeremiah and Sarah, in search of the best restaurants, attractions, and products for you and your children. See what she has in store for your family today!



One of our favorite places to lunch is also one of the nicest restaurants at Biltmore Fashion Park - [Christopher's](#). Owned by renowned chef Christopher Gross, the food is simply amazing and the atmosphere is fantastic. It is quite upscale, so you might wonder why I'd even entertain the thought of bringing my children here - but it's a beautiful place to catch a quiet and low-key lunch. The waitstaff, instead of groaning and rolling their eyes at the sight of Jeremiah and Sarah, instead have always been excited and so helpful. I also love the 'Express Lunch' option at Christopher's, simply because it comes with dessert - which I always 'share' with the kids.



The menu is great, and the express lunch (\$20) comes with several options - to start, you can choose either the Soup du Jour (which is always fantastic, no joke!) or between two different salads. The main course can be a grilled vegetable sandwich, the pizza du jour, penne pasta with chicken or seafood, and the grilled hamburger. I personally love the grilled vegetable sandwich, without the bread - and the mixed pommes frites - yum! Of course, for dessert, you *must* go with the chocolate mousse tower. It's so beautiful, you don't want to destroy it by eating it, and it's delicious!



For Jeremiah and Sarah, I always go with the macaroni & cheese - it's a side dish (\$8) and is a big serving - we always end up taking some home with us. It's honest-to-goodness the best macaroni and cheese I've ever had. With yummy ham (which you can have excluded), it's a great meal and children love it!

I'd love to visit Christopher's for dinner (sans kiddos) but for lunch, this place is great! It's an excellent spot to practice proper dining behavior, too, since this is not a kid-focused restaurant, there are no crayons or toys to play with while waiting. I love this fact because I want my children to learn how to wait and have conversations while waiting, instead of always needing to be entertained by something.

You can visit Christopher's, too - and I can't recommend it enough - it's at the Biltmore Fashion Park, 2502 E Camelback Rd, Suite #102 (it's right next to Saks Fifth Avenue). Enjoy!



Photo courtesy [Red Phoenix Photography](#)

I'm Rachel - a mom, wife, and 'green' blogger at [Small Steps On Our Journey](#). If you want me to come visit your place of business, have any questions on this article or suggestions for a future article, you can email me at [rroland@azfoothills.com](mailto:rroland@azfoothills.com), tweet me at [@rachelroland](#), or connect with me on [Facebook](#).

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