### GoBean: A Healthy Way to Energy and Efficient Studying

Written by Sarah Love



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The Today Show and many other sources believe that there is a national epidemic for prescription drug abuse specifically students abusing Adderall. Adderall, a prescription drug commonly used to treat ADHD, is being taken to handle the workload of college courses. Not only are students and adults abusing the medication but they are also buying it illegally, risking unfortunate side effects and legal consequences. ADD/ADHD drugs are generating close to \$8 billion a year collectively. Many medical experts agree that America is being over-prescribed ADD medications and a natural alternative to help people study is needed.

Arizona Foothills wanted to know if there were any other ways to find energy, without having the crash, and still getting work done... naturally. Guess what? We found a solution and it is based out of Phoenix. The product is called Gobean. Local doctors have patented a new energy product that is safe, effective and organic made entirely of raw green coffee- coffee in its natural, unroasted state. Your favorite brew is now available in a capsule. Normally, a cup of roasted coffee has 160 mg of caffeine, with effects lasting about 20 minutes. Three (3) Gobean capsules the recommended single dose contains 165 mg of caffeine, with the energetic boost lasting for hours. Finally a safe way to study and have energy without the crash!

There are plenty of energy products on the market today. What sets Gobean apart is the long list of additional health benefits green coffee offers: natural weight loss, smooth energy, boosted concentration, and super antioxidant power.



Learn more here about what the Today Show had to say: http://today.msnbc.msn.com/id/43050779/ns/today-today\_health



## Arizona Foothills Magazine: Tell us about what inspired you to create Go Bean, was there any specific instance that you realized this is what you wanted to do?

After spending many years in the wireless industry I wanted to do something that would enable me to control my future and something that could help people. In corporate America you do not get rewarded for working harder or taking risks. Unfortunately, they often put a cap on what you can accomplish. This is why I wanted to do something idfferent. It all stared when I leared about green coffee.

When I learned about green coffee I was amazed. I first read about green coffee a little over 3 years ago. (What I am about to say is not a claim about my product. I have to be clear because the FTC does not allow companies to make claims.) These reports on the internet said green coffee could reduce the risk of type II diabetes by 50%, it could help stabilize a person's blood pressure, help people lose weight and it is a super antioxidant. The first time I googled the health benefits of green coffee, all I did was sit for hours reading! I ended up reading about it for 3 hours! I just could not believe that green coffee could be so good for you. After that, I called a long time friend who is a physician and asked him to do some research.

He did his research and got back to me about a month later. He said "Yes, according to my research green coffee is going to offer major health benefits to the world as a new way to consume coffee."

This is when I knew I had my next major business project. With the hundreds of millions of people around the world that consume unhealthy energy drinks, I knew this was a way I could start a profitable business and at the same time help people.

#### AFM: Wow, that is amazing so what did you do next?

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The doctor and I spent 2 years developing and formulating a full line of green coffee products based on the medical reports. After 2 years of R & D we created an incredible line of green coffee, that also helps in weight loss, energy, and antioxidants products.

#### AFM: What makes your product different than the rest of them?

Great question!, If you take a carrot and put it into a juicer and drink the juice, you have consumed the carrot in its pure raw state. A can of juice that sat on the grocery store shelf for a year is not as good. If you take that same carrot and make carrot powder out of it which would be considered an extract version of the carrot. You may use this for a soup base or military food product but you have killed most of the nutrients in the carrot. The same holds true when you cook foods at high temperatures. When you roast a coffee bean, you kill the chlogenic acid in the green coffee bean. If you read the studies chlorogenic acid in conjunction with the natural caffeine, green coffee can promote considerable weight loss.

What some companies did was create a green coffee extract containing chlorogenic acid without caffeine. The companies then sell it to companies like Hydroxycut for their kitchen sink weight loss formula. If you read the studies, it's the chlorogenic acid and caffeine. Making a green coffee extract defeats the purpose....

What makes our products different is we manufacture and process the entire green coffee bean into a coffee capsule. Which means we are utilizing every part of the raw green coffee bean, capturing all of the nutrients that are in the coffee bean.

#### AFM: Is your process really that special and different than the rest?

Yes it is extremely difficult to manufacture and process the entire bean! This iis why NO other company does it. No we have a patent pending in place for manufacturing green coffee products from the entire bean.

#### AFM: How did that come about?

We were very fortunate to have a powerful doctor who is helping us protect and prove that Gobean is different than the rest of the products. I personally met with Dr. Roizen from the Cleveland Clinic and he is the one who suggested we patent our product.

#### Who is Dr. Roizen?

Dr. Roizen is the chief wellness office of the Cleveland Clinic and a long time friend and associate of Dr. Oz. You have probably seen Dr. Roizen on the Dr. Oz show.

#### AFM: You are now promoting Gobean as a study aid how did that come about?

We have had doctors, attorneys, medical students, and student call us and tell us how incredibly well they were able to get through their long work day or studies. These people are able to work all night or study all night without feeling wired, or jittery. They are feeling great and refreshed the next day. That is when we started to realize that green coffee was something special and not just another no-doze product.

I have looked around and have seen a few energy pills on the market but why don't those work well as study aids?

Well, #1 they make you feel so jittery it's hard to sit still, let along study and concentrate on something. Green coffee is a solid so it delivers the caffeine like a natural time release.

So basically the completion is nothing more than a fruit flavor No-doze pill. Anyone can make a caffeine pill. Green coffee is so much more that is why Starbucks a major nationwide green coffee drink line

# AFM: So basically you are saying your product works better and by the way I tried it and I love it. You say your product is healthy. What would you like to see happen with your product and what has your product done for your everyday life?

A cup of coffee can make me VERY jittery but Gobean is so smooth I never feel that way. I want people to know that if you consume energy drinks, you now have something healthy available. To all of the students out there who are buying Adderall without a prescription, please STOP you are risking your health for no reason. Adderall is a drug that should only be consumed if it is prescribed by a doctor. Aside from risking your health you could get caught and end up with a felony drug conviction your record. Why risk your career for a drug that may help you study but was not designed to be a study aid. I want to see every student in America who is looking for a study aid to try Gobean before they risk their health and career. I am so confident that they will love it I will let them order a FREE bottle all they pay is the shipping and handling. Now they have nothing to lose.



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Promo Code for the Free Bottle is GBAZF!