



In honor of Father's Day this weekend, AZFoothills.com shares one of our favorite Valley dads each day leading up to the holiday. Today, meet John Badolato, a.k.a. Dr. B, and learn the Father's Day tradition he plans to carry on with his sons.

---



**Children's name(s) and age(s):** Gio, 5; Taio, 3; and Baby B No. 3 due Nov. 9

**What is your biggest joy in being a dad?** Hearing "Daddy!" screamed with excitement when I come in the door from work and receiving the biggest, most genuine hugs.

**Biggest struggle?** Worrying too much.

**What has been your proudest moment as a father?** Not just one, they happen all the time. I find pride in all the little things my kids do that only a parent would notice.

**Looking back, what advice would you give to yourself as a new dad?** "You can't stop them, you can only hope to contain them."

**How do you like to celebrate Father's Day?** Golf with my sons, just how my dad and I always did it.

**Local favorites...**

**Family-friendly restaurant:** That's Amare Gelato

**Spot to be outdoors:** Our backyard pool

**Little-known gem for families:** Doc Cavalliere Park

**Family-friendly resort:** Four Seasons Resort Scottsdale at Troon North and Westin Kierland Resort & Spa

**Annual family event:** Visit the ocean