

What to get PaPa and Grandma: Gifts that Keep on Giving

Written by Arizona Foothills Magazine



Seniors are a hard bunch to find the perfect gift because they've already accumulated so much throughout the years and their interests have changed. But they're like you and me – they like newer gadgets and spending time with one another. There are plenty of gifts to get our grandparents and older family friends that they'll like and use.

Need a few examples?

- **Jitterbug Phones** – The Jitterbug phone has large numbers and is down-right easy to use. It doesn't have the flash of our smartphones which is perfectly fine for our elders that just want to make a phone call and check in. The phone and plans are inexpensive. You can find it through <https://www.jitterbugdirect.com/> to check the options.
- **Designer Items** – Your grandma still has style. She's still out there going to social events. She still wants to look nice. Your grandpa is doing it up too! Why not get them a [luxury gift](#) like a wine subscription or designer chocolates on their birthday or other holiday occasions?
- **Bicycles** – Three-wheeled bikes are fantastic for the elderly because they're easy to ride and won't be as hard to peddle. They can roam their area, get some good exercise, and socialize with others. Quite an all-around good gift to keep your papa/gma active.
- **Video Games** – What? Yes! Video games are known to help keep elderly individuals [mentally active](#). They help with those suffering from Alzheimer's, PTSD, and other brain injuries. It doesn't have to be some hardcore rogue-like games. Games like the Sims, casual platformers like the Mario series, or puzzle games are great! Get them a Wii!
- **Gardening** – Skip the flowers that will die out and, instead, do some landscaping and gardening. Find out their favorite plants and flowers. Head on over to Lowe's or Home Depot to grab up these items, along with some mulch, and touch up the area. Give them a yard they can be proud of especially now that they can't get out there every day.
- **Tablet** – Your older folks are keen to take to tablets because they're easy-to-use. They're also hard to mess up compared to desktops. The tablet can become their source of entertainment with Netflix and news apps, a way to contact the family, and a great alternative for books.
- **Road Trip/Vacation** – When's the last time they've gone on vacation? Probably a while. Why not treat them to a trip they've always been wanting? Airfare and lodging are cheap these days when you plan. This is the experience they've been waiting for. They're never too old to go out and explore.

Our elders have given so much to us throughout the years – shouldn't it be time we give it back?

They'll appreciate any gift they're given. That's just how grandparents seem to be. But why not go above and beyond to give them something that keeps on giving? Surprise them next time with one of these types of items. They're bound to love it!