## Bridal Shower Power

# Written by Written by Hayley Mitchell



Bridal showers are an important part of the whole engagement/wedding tradition. They used to literally mean that guests would "shower" the bride in gifts that would help prepare the matrimonial home, but now they are much more about having some girly fun before the big day.

Themed showers are a big trend now, and often easier on the host, who is not restricted to hosting the event at their home. Try some of these ideas next time you are in charge of the shower. And don't forget to see our May issue of Arizona Foothills-our bridal shower etiquette guide will tell you the dos and don't of both attending and hosting this type of event.



Instead of tea, opt for champagne cocktails and appetizers and make it an early evening event, rather than a mid-day weekend affair. A great place for this? Furio offers Martini and Manicures on Monday evening. For just \$10 each guest gets a yummy martini and a pretty manicure. It's a great place to bring a fun bridal shower group. The food is great too, and reasonable priced, so the hostess can stay in budget.

7210 East Second Street, Scottsdale, AZ, 85251 480.945.6600 www.furio.tv



#### Hats and Gloves Party

Traditional tea parties can be made so much fun when the attire for the day-time event is hats and gloves, as in darling sun hats and elegant wrist gloves. Girls just love a dress code like this. The English Tea Room in Carefree is the perfect spot for a traditional tea party shower. A full menu of teas and finger foods make for a delish meal, and the cute little tea room is cozy and comfortable, so all the girls can relax and enjoy.

201 Easy Street, #103, Carefree, AZ, 85377 480.488.4812 www.carefreetea.com



#### Spa Shower

Many of the local resort spa's in town have special private rooms or patios where a group of girlfriends can get together to enjoy some pampering and also come drinks, food and gift-giving. Montelucia's Joya Spa patio and Joya Terrace café is the perfect place to get some sun and shower the bride, or rent one of the huge luxury spa suites and hang out all day in your private room with the girls. Group manicures and pedicures or mini massages are a fun treat for guests.

4949 E Lincoln Dr. Paradise Valley, AZ,85253 480.627.3200 www.joyaspa.com

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# Culture Club

If the bride is an art lover, a fun idea for a shower is to spend an hour or two at one of the Valley's amazing museums and then join together for lunch and presents. The Heard Museum in Phoenix is perfect for this, since their lovely Arcadia Farms café is situated in the museum's court yard, a perfect gathering spot for a large group lunch. At the Phoenix Art Museum, Arcadia Farms also has a location and offers afternoon tea. Wander around the gallery and then meet for tea. It's a unique idea to add some culture to your shower.

www.arcadiafarmscafe.com