

Dressing for Spring Training Games in Style

Written by Taylor Seely



Sure, spring training games are primarily about spending quality time with friends and family while celebrating America's greatest pastime, but deep down, we all care about how we look, and who's to say some of the excitement can't be planning what to wear? Dressing up for a family outing is always fun, but when it comes to spring training games, it's also a challenge. Sweat beads dripping, jeans sticking to the seat, and not to mention – *you* – it can be overwhelming, which is why we asked Alison Goodman, marketing director of [Scottsdale Quarter](#), for some style tips to help you dress for the games this season.

What are some spring fashion trends you're seeing right now that will translate well to spending a day out at the ballpark?

For women, one of the biggest spring fashion trends that is perfect for spring training games is the off-the-shoulder top or cold shoulder top. Forever 21 has both options. For girls, girls' fashion is almost a sub-category of women's. Right now, the 70's-inspired fashions are huge for spring. Think embroidered and floral tops. For men and boys: men and boys have it the easiest; a classic polo shirt with shorts works for any age. Be sure to stick to light colors as it can get hot at the ballpark. Gap and Suit Supply have fantastic options.



Are there any stores with really great spring sales or specials right now?

Right now, stores are in winter clearance mode, so a lot of what we're seeing on sale are more cold-weather-friendly items. That being said, springtime clothes mean less material, so they're always a better price. If you're looking for a true slam-dunk deal, H & M, Forever 21 and Urban Outfitters are great options. For those willing to spend a little more on fashion, I'd suggest Intermix, Joie and Planet Blue.

What types of materials would you recommend for someone who sweats a lot and doesn't want to be embarrassed by wet stains?

Fortunately, active wear as everyday wear is all the rage. Referred to as athleisure, almost all of the fitness stores have looks that translate; Lululemon, Calvin Klein performance and Nike are great options.

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What would an ideal outfit look like for a mom or going to a spring training game?

It's all about being comfortable and if you have little ones, you want to be in clothes you can move around in. I personally love a romper – it's a short version of a jumpsuit and Free People has a ton of options. Guys have all the easy options when it comes to dressing: shorts and a tee shirt with athletic shoes and a baseball hat are great go-to items.



Are there any fun accessories for spring you're seeing lately?

Taking a cue from 90's fashion, the choker is back. I'm a huge fan of this trend as a choker necklace can transform an entire look. The cross-body bucket bag is a great purse for going to games. If you don't want to spend a lot, I found a great bag at Urban Outfitters. If you're ready to splurge, Intermix has the bag for you. What I love most about this bag is the fringe detail.

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How do you feel about heels and floppy hats for spring training games?

No heels! If you're self-conscious about your height and want to add inches, go for a pair of flatforms, like the ones below from Urban Outfitters. I'd pair these sandals with a flowy sundress.

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We've seen sneakers make a total comeback the last year. Do you have any recommendations on cute pairs for this season?

The classic white Adidas Superstar sneaker and Stan Smith sneaker are still all the rage. I got my pair at Urban Outfitters last year. You can never go wrong with a classic pair of low-top Converse either. If you really want to be bold, grab a pair of high-top sneakers from Nike – this is another trend from the 90's that's back.

