

Breaking news – No matter how healthy and active your lifestyle or how rigorous your skin care regimen, even the smallest signs of aging are inevitable.



Thanks to advances in cosmetic dermatology, it is possible to easily and effectively reduce the first telltale signs of aging.

The solution? Clear + Brilliant; an FDA-approved light resurfacing laser that works to erase fine lines, even out texture and discoloration, like pregnancy melasma, and can even improve pore size. Van Dyke Aesthetics in Paradise Valley was the first dermatology practice in the southwest to offer Clear + Brilliant, and remains the most experienced in the procedure.

"I like to call it polishing the apple," said Dr. Susan Van Dyke of the Clear + Brilliant treatment. "It really re-freshens the skin to make it brighter."

The versatile laser treatment can be applied anywhere on the face or body, and is usually used as a preventative or maintenance procedure.

"Clear + Brilliant is perfect for someone who is new to laser treatments," said Dr. Van Dyke. "It's very good for young people in their twenties who are just starting to see sun damage or have leftover acne from teenage years. It's also great for the older crowd who have had significant laser treatments and want to keep up results."



Clear + Brilliant works when the laser energy gently creates millions of microscopic holes in the upper layers of the skin. The body reacts by replacing the damaged skin with new, younger-looking tissue for a rejuvenated look.

Better yet, there's no downtime after the average 20-minute treatment.

"People are usually red for a day, but there's no recovery time and you can put makeup on right away," said Dr. Van Dyke.

To maintain the best results, Clear + Brilliant is usually recommended once every couple of months.

As the Valley's go-to cosmetic dermatologist, Van Dyke Aesthetics has been a leader in injectable and energy based devices for face and body, as well as physician grade skin care for over 30 years. Dr. Van Dyke is a board-certified dermatologist who also lectures and trains physicians around the world.

For those interested in Clear & Brilliant, Dr. Van Dyke recommends first scheduling a complimentary consultation to discuss your desires and needs to determine if Clear & Brilliant is right for you.

To schedule your free consultation, or for more information, please call 480-948-5045, or visit www.vandyke aesthetics.com.

Van Dyke Aesthetics is located at 5206 N. Scottsdale Rd, Paradise Valley, AZ 85253